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#### ABSTRACT

This annotated bibliography of journal articles, manuscripts, books, and audiovisual materials provides information on resources available for parent training about supported employment and transition for individuals with disabilities. The resources are organized into the following categories: employment (59 resources); transition (93 resources); self advocacy (19 resources); community (15 resources); and housing options (7 resources). Each section begins with a success story of an individual with a disability. Contains lists of 17 resource organizations and 23 journals/newsletters. (CR)

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Prepared by the Supported Employment, Parents, Transition and Technical Assistance Project

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# Supported Employment and Transition

# RESOURCES

# PREPARED BY THE SUPPORTED EMPLOYMENT, PARENTS, TRANSITION and TECHNICAL ASSISTANCE (SEPT/TA) PROJECT

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## PREFACE

project located at PACER Center and is funded by the U.S. Office of Special Education and Rehabilitation SEPT/TA delivers technical assistance to parent training and information centers which are developing and The Supported Employment, Parents, Transition and Technical Assistance (SEPT/TA) Project is a national Services (OSERS) through a subcontract of the Technical Assistano to Parent Programs (TAPP) Project. implementing parent training about supported employment and transition. In addition, the SEPT/TA Project facilitates the national exchange of information to promote parent training about supported employment, transition and those areas relating to the independence of youth and young adults with disabilities.

books and audiovisual materials. This manual is intended to provide you with current information on resources endorse the materials listed. Due to frequent changes, specific prices for materials are not listed. Please contact the individual programs for information regarding ordering and costs. We encourage you to examine Supported Employment and Transition Resources is an annotated bibliography of journal articles, manuscripts, available for parent training about supported employment and transition. The SEPT/TA Project does not the items that will be effective for the development of training in your communities.



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## Employment

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# Motivation makes the difference

Moving from sheltered employment to working in a wilderness area doing dangerous tasks seems like an impossibility. But with strong motivation, a supportive job coach, and support from co-workers and the community, even the impossible sometimes does occur.

By Mike Kelly

Jim is 24 years old and worked in sheltered employment for about four years. He was happy working in recycling and thrift store businesses, but eventually wanted other types of work.

Money wasn't the primary motive, and neither was the peer pressure, although both were indeed motivating factors. The primary motivator was Jim's and his parents' desire to find a niche in the forest service industry.

Jim's father had been a logger and his mother a camp cook. Family friends were also in the forest and logging industry. This was Jim's world. He simply wanted to be like the others who were important to him.

A job was developed for Jim with the U.S. Forest Service, one of the largest employers in our rural valley area and one of the most sought-after employers as well.



Jim's new job involved constructing and maintaining trails designed for hikers and packers. Tasks included tree cutting, brush clearing, and bridge building.

To get to work, Jim had to be driven on mountain roads to a ranger station 95 miles from home, hike into the wilderness area 21 miles on foot, and set up camp for 10 days. His initial training was very intensive — including survival lessons as well as on-the-job training.

But the most critical thing for Jim to learn was his relationship with his fellow employees after the work day was finished. You don't live in the forest successfully for 10 days at a time with a group of men and women without knowing your roles and responsibilities.

This became Jim's community. He had to learn what part he played as a member. The employment specialist who coached Jim, and his co-workers, were vital components of this job. The employment specialist stayed with Jim for the first three weeks, day and night.

Eventually these supports were cut back to short one- to two-day visits at the beginning and end of each 10-day shift. Radio contact became the day-to-day method of communicating.

Learning the pulse of the community took much effort. Often camp responsibilities were very subtle; unwritten rules were the norm. Each person was interdependent on the others, and Jim was no exception. If he was to receive supports from his co-workers, then he had to meet some of their needs as well. The job coach became the link in this learning process.

The work season quickly came to an end, and the Forest Service retained Jim as a permanent employee. The Forest Service values Jim for his contribution as a member of its team. One of his co-workers was overheard to say, "Now we are making steps toward truly being a diverse work force."

Jim has become a new man. He is a much more independent, self-directed, and outspoken individual than the one who first entered the forest.

\*Reprinted from Stories Keep the Vision Alive SEPT/TA Memo, Winter 1992, Vol. 4, Number 1



### The Americans with Disabilities Act: A Guide for People with Disabilities, Their Families and Advocates (1994)

PACER Center Copies from:

4826 Chicago Avenue South

Minneapolis, MN 55417

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heir families and advocates understand their rights under the examples of when your rights are being violated, and what Americans with Disabilities Act (ADA). The books gives This 64-page book aims to help persons with disabilities, you can do to be treated fairly.

## The Americans with Disabilities Act at Work (1991)

Richard Berkobien Developed by: The Arc National Headquarters Copies from:

Publication Department

P.O. Box 300649

(817) 261-6003 Voice Arlington, TX 76010

(817) 277-0553 TTY

video and handbook provide information on the Americans with Disabilities Act (ADA) and how it impacts employing persons with disabilities in competitive employment. The This video was designed for supervisors who work with workers with mental retardation.

#### for Parent Training and Information Programs (1993) The Americans with Disabilities Act: Its Implication

Robert Wardell; Judith Raskin; Sandy Brooks; Diane Covell; Contributors:

Parent Information Center Bonnie Dunham

Copies from:

Concord, NH 03302-1422 P.O. Box 1422

(603) 224-7005 Voice/TTY • (603) 224-6299 (603) 224-4365 FAX

includes a copy of the Checklist for Existing Facilities. This of the Americans with Disabilities Act. The guide examines This manual provides the reader with a working knowledge dissemination, (2) meetings and conferences, (3) technical information centers. These services include (1) material assistance and (4) direct support services. The appendix checklist can be used to assess and achieve removal of services that relate specifically to parent training and architectural and communication barriers.

#### Supported Employment Monograph Vol. 1 (1994) **Association for Persons in**

Employment of People with

Disabilities promotes this

President's Committee on

Awareness Month. The Disability Employment

October is National

Wendy M. Wood, J.M. Everson, Ernest Pancsofar, Editors:

Phil Bourbeau

Association for Persons in Supported Employment (APSE) 1627 Monument Avenue Copies from:

Richmond, VA 23220

(804) 278-9187

The papers included in this collection were written to improve and expand supported employment services for individuals employment, a guide for job developers and employment specialists, and developing supports for individuals with employment, implementing best practices in supported individualized support plans for workers in supported with severe disabilities. Topics include developing blindness.



event. Fact sheets, posters, and ideas are available by contacting PCEPD at  $(202)\ 376-6200$ 

### Benefits Management for Working People with Disabilities: An Advocate's Manual. Disability Benefits Manual (1995)

Greater Upstate Law Project Copies from:

Rochester, NY 14607 80 St. Paul Street

(716) 454-6500

and contains the latest citations to all relevant social security This manual written in an outline format is updated annually laws, regulations, policies and case law. Many practical tips are available to assist advocates through the maze of policy and regulations.

## Bibliography on Supported Employment (April 1993)

Andrea Cioffi; Danielle Renes Compiled by:

The Employment Network Copies from:

Specialized Training Program 1235 University of Oregon

Eugene, OR 97403-1235

(503) 346-5311

This bibliography covers 52 areas associated with supported employment. Listing includes articles on accreditation, cultural perspective, natural supports, developmental disabilities, and visual and hearing impairments.

### for Workers with Psychiatric Disabilities (June 1993) Case Studies on Reasonable Accommodations

Laura L. Mancuso Written by:

California Department of Mental Health Reasonable Accommodations Report Copies from:

**Publications** 

1600 Ninth St., Room 250

(916) 654-2678

Sacramento, CA 95814

the Americans with Disabilities Act (ADA). The major focus is This report serves as a resource guide to those implementing on ADA implementation for workers with psychiatric disabilities.

#### Consumer Advocacy and Supported Employment: A Vision for the Future (1992)

Valerie Brooke, Michael Barcus, Katherine Inge Written by:

Rehabilitation Research and Training Center Copies from:

Virginia Commonwealth University P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

This monograph presents supported employment issues and consumer feedback to professionals, supported employment issues are discussed: career advancement, choice, systems concerns as described by consumer focus groups. Eleven barriers, families, consumer and professional partnerships, education qualifications, housing, assistive technology, group options, and referral and resource systems.

#### Consumer Choice: Empowerment in Supported Employment Services — Issues and Strategies JASH 17, vol. 1, 47-52, (1992)

Michael D. West and Wendy S. Parent Authors:

supported employment services and discusses how consumers services and their work experiences. Case examples are provided to illustrate the effects of choice on individual The article examines consumer empowerment issues in can be given more control over supported employment satisfaction.

### Desk Reference on the

Americans with Disabilities Act (1993)

1627 Monument Avenue

Association for Persons in Supported Employment

Copies from:

Richmond, VA 23220 (804) 278-9187

human resource managers. Training resources and information (ADA) offers the perspectives of disability rights advocates, This desk reference on the Americans with Disabilities Act law firms representing employers, and interpretations by on publications and videos are presented.

## Developing Natural Supports in the Workplace: A Practitioner's Guide (1994)

Stephen Murphy, Patricia Rogan, Marjorie Olney, Michelle Sures, Bryan Dague, Nancy Kalina Authors:

Training Resource Network, Inc. Copies from:

P.O. Box 439

St. Augustine, FL 32085-0439

(904) 823-9800

The book offers real-life examples of putting ideas to work. A summary of conclusions about natural supports, questions and answers about the topic, and the Natural Workplace Supports supports to help people with disabilities succeed on the job. This book presents ideas and practices for using natural Quality Checklist are included in the text.

#### American with Disabilities Act (1992) Diversity Management and the

David Ruth; Mark Hill Authors: **Employment Support Institute** Copies from:

Virginia Commonwealth University 1015 Floyd Avenue, Box 4000

Richmond, VA 23284-4000

(804) 367-1992

disabilities and the lessons to be learned by viewing disability employment specialists on how to use the ADA (Americans with Disabilities Act) accommodation process as a diversity management tool. It looks at both the technical issues involved in making accommodations for workers with This collection of 13 papers instructs employers and as a form of diversity.

#### Developmental Disabilities Into the Workplace (1992) EmployABILITY: Integrating People with

Vice President-Public Affairs Woolworth Corporation Copies from:

233 Broadway

New York, NY 10279-0003 (212) 553-2000 This 1992 documentary film looks at the experiences of people with developmental disabilities in a variety of workplaces. The video stresses that it makes good sense to integrate persons with disabilities into the workplace.

## Expanding Diversity at Valley Bank Corporation (1993)

Stacy Graff Copies from:

2013 E. Mifflin Street Madison, WI 55704

(608) 241-1030

plans for expanding the program are discussed by the bank program in the banking industry. Benefits of the program both to supported employees and their co-workers — and president, department managers, and the human resource This five-minute video shows a supported employment director.

Ford House Office Building

Washington DC 20515

Room B18

(202) 225-3456

House Document Room

#### How to Help Your Family Member with A Disability Develop The Family Pocket Guide to Supported Employment: A Meaningful Career (1995)

Training Resource Network Inc. PO Box 439 Copies from:

St. Augustine, FL 32085 (904) 823-9800

employment. Information covered includes family questions about working in a real job, what to expect from the service system, and a brief glossary of terms used in supported This resource guide educates families about supported employment.

#### Federal laws

Copies of federal laws may

be obtained from:

Hart Senate Office Bldg Senate Document Bldg Washington DC 20510 (202)224-7860Room SH B04

**Employment Guide to Long Term Funding Supports and** Services for People with Severe Disabilities (1993) Finding the Common Denominator: A Supported

Gail B. Rheinheimer, Debby Van Covern, Howard Green, Authors:

Grant Revell, Katherine J. Inge

Rehabilitation Research and Training Center Virginia Commonwealth University Copies from:

P.O. Box 842011

(804) 828-1851 Voice • (804) 828-2494 TTY Richmond, VA 23284-2011

(804) 828-2193 FAX

long-term strategies to find supported employment. The guide is intended for a wide audience, including funding agencies, This guide looks at the identification and use of alternative means to use the resources in other states and communities. funding strategies used in various states, and suggests the service providers, and advocates. The manual presents The guide also is available in cassette tape format.

with Disabilities: Proceedings of the National Conference Future Frontiers in the Employment of Minority Persons (1991)

Sylvia Walker, Faye Belgrave, Robert W. Nicholls, Editors:

Kimberly Turner

Howard University Research and Training Center for Access to Rehabilitation and Economic Opportunity Copies from:

2900 Van Ness St. NW

Washington DC 20008

(202) 806-8086 • (202) 806-8091

These proceedings outline the employment needs of minority rehabilitation success, educational opportunities, forming persons with disabilities. The topics discussed include partnerships and linkages and leadership development.

#### A Guide to Successful Employment for Individuals with Autism

Marcia D. Smith, Ronald G. Belcher and Patricia D. Juhrs Authors:

Paul H. Brookes Publishing Co. P.O. Box 10624 Copies from:

Baltimore, MD 10624 1-800-638-3775

with autism get and hold jobs. Specific information includes and strategies which have been successful in helping persons This book provides information on those supports, methods, guidelines on assessment, job development and problem solving.

## Get the Marketing Edge: A Job Developer's Tool Kit (1993)

Dale DiLeo, Dawn Langton Authors:

Training Resource Network (TRN) P.O. Box 439 Copies from:

(904) 823-9800

St. Augustine, FL 32085

needs of people with disabilities to make personal connections supported employment. Included are (1) marketing: meeting messages and tools; and (2) job development: meeting the This book features two sections of interest for those in the needs of employers, an in-depth look at planning, with employers leading to the right job match.

### IMPACT: Feature Issue on Employment (1993)

Publications Department Copies from:

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

opportunities for persons with developmental disabilities. developments in obtaining meaningful employment This issue of IMPACT looks at trends and current

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#### Individuals with Disabilities Through Economic ..creasing Employment Opportunities for

Development: Creating Business and Corporate Initiatives

(1994)

Dale Verstegen; John Nietupski Authors: Rehabilitation Research and Training Center Virginia Commonwealth University Copies from:

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

corporate levels. Leaders within consumer organizations, and This video provides information to Supported Employment the public and private sector comprise the target audience. assessment, strategic planning, and program development. Areas covered include: coalition building, environmental personnel developing initiatives on state, regional and

### It's Just Good Business (1986)

Quaker Oats Company Produced by: The Arc National Headquarters Publications Department Copies from:

P.O. Box 300649

Arlington, TX 76010

(817) 261-6003

This 15-minute videotape tells success stories of employing adults with mental retardation. The video describes a work enclave model of supported employment.

### Job Accommodations for Adults with

Learning Disabilities: Brilliantly Disguised Opportunities

A.E. Jacobs and D.J. Hendricks

Learning Disability Quarterly (No. 4), Fall 1992 pages 274 - 285

Copies from:

Written by:

situations involving adults with learning disabilities. The last section of the article lists various resources available to those looking for solutions to making or creating accommodations. This article looks at practical solutions to common job

Develop Supported Employment Opportunities (1992) Job Guide: For Families and Advocates Who Want to

Roz Slovic and Bill Lynch Authors: Specialized Training Program Copies from:

Center on Human Development

University of Oregon

Eugene, OR 97403 (503) 346-2473

employment. Resource materials and a brief glossary of terms This guide answers key questions families may have when helping their sons and daughters with disabilities consider are available.

### The Job's Yours: A Guide for Parents and Advocates of Adults with Disabilities Who Want to Work (1992)

Washington Initiative for Supported Employment 83 South King Street, Suite 410 Copies from:

Seattle, WA 98104

(206) 343-0881

picture of a potential career and develop a strategy to land a This book describes the steps which can help advocates and family members assist a person with a disability establish a

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### Journey to Success: Discovering Vocational Opportunities for Idahoans with Developmental Disabilities (1991)

Russ Spearman, Idaho Council on Developmental Produced by:

Disabilities

Idaho Council on Developmental Disabilities 280 North 8th Street, Suite 208 Copies from:

Boise, ID 83720

(208) 334-2178

of parents who wanted to know "Now that my son or daughter reference provides families with practical information on how Journey to Success was developed to respond to the concerns there is general information which can be applied by families has had the benefit of an appropriate education, what can we to transition from school to adult service agencies. Although this handbook is written specifically for families in Idaho, do to assist his or her transition into adult life?". This in other states.

### Meeting the Unique Needs of Minorities with Disabilities: A Report to the President and the Congress (1993)

T. J. Wright, P. Leung Authors:

National Council on Disability 1331 F Street NW Copies from:

Washington, DC 20004 (202) 272-2004

800 Independence Ave. SW, Suite 814

Washington, DC 20591

(202) 267-3846

African Americans, Asian Americans and Hispanic Americans. Topics include education, employment, mental health, self Conference on Minorities with Disabilities. An extensive range of disability issues are examined as they relate to determination and empowerment, physical health, and These proceedings are the result of the 1993 National research.

### National Forum on Natural Supports (1992)

The Employment Network Copies from:

1235 University of Oregon

Eugene, OR 97403-1235

(503) 346-2467

This summary reflects the proceedings of The National Forum supports, systemic issues, and the changing roles of staff and on Natural Supports. Topics include: features of natural agencies.

### Community for People with Severe Disabilities (1992) Natural Supports in School, at Work and in the

Jan Nisbet Editor:

Paul H. Brookes Publishing Co. P.O. Box 10624 Copies from:

Baltimore, MD 21285-0624 (800) 638-3775 The book contains information on useful strategies and ideas development of natural supports. Networks and resources for building community membership for individuals with disabilities. The text examines public policy and the available to families are listed.

#### Natural Supports and the Job Coach: An Unnecessary Dichotomy (1994)

Wendy Parent, Darlene Unger, Karen Gibson, Contributors:

Carlyle Clements, Kelly Kane, and John Kregel.

Editor: Katherine J. Inge.

Rehabilitation Research and Training Center Copies from:

Virginia Commonwealth University P.O. Box 842011

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explores different approaches which incorporate many natural can be developed that enable people with disabilities to direct This issue of the newsletter addresses how support strategies their careers and obtain jobs of their choice. The newsletter support strategies.

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## ew Directions in Supported Employment. (Vol. 1, 1994)

tors: Paul Wehman and John Kregel

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This monograph provides information on policy issues, national implementation trends, models for accessing community and work place supports, employer attitudes, and the effect of supported employment on underserved populations.

### Opening Doors For You (1993)

Copies from: Institute for the Study of Exceptional Children and Youth

Department of Special Education

University of Maryland at College Park

College Park, MD 20742-1161

(301) 405-6515

This booklet — written for people with mental retardation, their advocates and or family members — contains stories about workers with mental retardation. The stories explain how reasonable accommodations "make it possible to help find a job and keep the job."

#### Project WIN: Work Incentives Network Training Manual (Third edition, 1994)

Copies from: Association for Persons in Supported Employment

1627 Monument Avenue

1627 Monument Aven Richmond, VA 23220

(804) 278-9187

This manual has updated information for 1994 and details information on Social Security Work Incentives. The manual contains definitions, examples of work incentives, and worksheets for doing individual calculations.

## Providing Employment Support to People With Long Term Mental Illness: Choices, Resources, and Practical Strategies (1995)

Written by: Laurie H. Ford

Copies from: Paul H. Brookes PO Box 10624

Baltimore MD 21285

3altimore MD 2128( 800) 638-3775 A comprehensive resource which covers many topics such as natural supports, behavior management, Social Security issues, vocational barriers to productive employment and workers rights under the Americans with Disabilities Act (ADA).

## Quality Improvement and Employment Services:

The CQI Papers (1992)

Authors: David Ruth; Mark Hill

Copies from: Employment Support Institute

Virginia Commonwealth University School of Business

Box 4000

Richmond, VA 23284-4000

(804) 367-1992 • (804) 367-8884 FAX

A series of six papers which demystifies Continuous Quality Improvement (CQI) and shows its relevance to human service organizations. Agencies providing employment services to individuals with disabilities are used in case study analyses.

#### Red Book on Work Incentives. A Summary Guide To Social Security and Supplemental Security Income Work Incentives for People with Disabilities

Copies from: Available from local Social Security Offices.

This booklet is a guide to help the reader understand work incentives available through the Social Security Administration. Some of the work incentives described include Impairment Related Work Expenses, Trial Work Period, Continued Payment Under a Vocational Rehabilitation Program, Blind Work Expenses, Plan for Achieving Self Support (PASS), and Section 1619 Work Incentives.



NARIC (National Rehabilitation Information Center) is a library and information center housing over 40,000 documents on all aspects of disability and rehabilitation. NARIC offers customized database searches of REHABDATA which is the computerized annotated bibliography of NARIC.

#### NARIC

8455 Colesville Road,

Suite 935

Silver Spring, MD 20910-3319 800 346-2742

#### New Challenges — New Goals (1993) Rehabilitation and Diversity:

Howard University Research Training Center Copies from:

2900 Van Ness Street NW Washington, DC 20008 (202) 806-8086 • (202) 806-8091

The video explores barriers and identifies strategies which can process and its impact on persons who are culturally diverse. This video examines important aspects of the rehabilitation be used to overcome these barriers.

#### Resources for Long Term Support in Supported Employment (July 1994)

Joyce M. Albin, Roz Slovic Authors:

The Employment Network Copies from:

Specialized Training Program 1235 University of Oregon

(503) 346-5311

Eugene, OR 97403-1235

held to investigate alternative resources for long-term support. and staff from Title III (supported employment) state systems The forums were sponsored by the Employment Network at Resources are contributed by consumers, families, vocational rehabilitation personnel, service providers, advocacy groups, This booklet (103 pages) looks at the results of two forums the University of Oregon. The booklet covers visions and taking charge of long-term support alternatives. Resource challenges, resource strategies for long-term support, and strategy "fact sheets" and a materials list are included. change projects.

### Road to the Future: Emerging Trends in Job Coaching and Supported Employment (1993)

Human Services Research Institute Copies from:

525 Glen Creek Road NW (230) Salem, OR 97304-3156

(503) 362-5682

changing personnel roles and trends in supported employment. The video gives the ten year history of supported employment and what must be done to overcome the barriers which prevent symposium on supported employment which examined the This 24 minute video highlights the proceedings of a people with disabilities from working.

### Sample PASS Package (1992)

Association for Persons in Supported Employment Copies from:

627 Monument Avenue

Richmond, VA 23220

(804) 278-9187

This is a sample of a PASS plan where an individual used this Social Security Work Income to pay for an 18- to 36-month segment of supported employment follow-along services.

### Social Security Work Incentives (1994)

Supported Employment Telecourse NETwork Produced by:

Rehabilitation Research and Training Center Virginia Commonwealth University Copies from:

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

This video provides a general overview of the Social Security Security Income (SSI) and Social Security Disability Income Benefits Programs. Information is offered on Supplemental mainly PASS (Plans for Achieving Self Support) and IRWE (SSDI). Major emphasis is placed on two work incentives: Impairment Related Work Expenses).

James E. Doherty Copies from:

National Institute on Disability and Rehabilitation Research Department of Education, Room 3423

400 Maryland Avenue S.W.

Washington, DC 20202-2646

(202) 205-9151

participants and panelists were given an opportunity to review, synthesize, and disseminate current information about critical In September 1992, The Consensus Validation Conference on with Long-Term Mental Illness" was convened. Conference "Strategies to Secure and Maintain Employment for People illness. Issues reviewed in this study included: barriers to issues in employment for persons with long-term mental support employers, and the positive impact of consumer employment, need for long-term support, strategies that employment in the vocational rehabilitation area.

## Supported Employment: A Step by Step Guide (1992)

Cathleen Urbain Author: PACER Center Copies from:

4826 Chicago Avenue South

Minneapolis, MN 55417

(612) 827-2966 (Voice/TTY) • (612) 827-3065 FAX

obtain or improve supported employment services. It explains the adult service system, describes current "best practices" in This guide helps persons with disabilities and their families supported employment and offers tips to make supported employment work for an individual and the community.

## Supported Employment: Issues and Resources (1991)

Rannveig Transtadottir Developed by:

Center on Human Policy, Syracuse University Copies from:

805 S. Crouse Ave.

Syracuse, NY 13244-2280

(315) 443-3851 • (315) 443-4338 (Fax)

supported employment. A consumer and a parent offer their This informational package includes an overview article on perspectives. An annotated bibliography is included.

#### Mental Retardation Rehabilitation Brief, vol. 26, no. 2, Supported Employment for People with Severe (1994)

James E. Doherty Copies from:

National Institute on Disability and Rehabilitation Research Department of Education, Room 3423

400 Maryland Avenue SW

Washington, DC 20202-2646

202) 205-9151

and Rehabilitation Research. This article describes the status etardation and current best practices in the field of supported Conference sponsored by the National Institute on Disability This brief presents the findings of the Consensus Validation of supported employment for people with severe mental employment.

### Supported Employment: Long Term Funding Supports and Services for People with Severe Disabilities (Vol. 3, 1993)

RRTC (Rehabilitation Research and Training Center) Authors:

Rehabilitation Research and Training Center Virginia Commonwealth University Copies from:

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

804) 828-2193 FAX

Act, Plans for Achieving Self-Support (PASS), and Impairment This article looks at the impact of long-term funding supports Resources include information on the use of Medicaid Home and Community-Based Waivers, the Job Training Partnership and their relationship to supported employment services. Related Work Expenses.

#### Individuals with Traumatic Brain Injury (1991) Supported Employment Services for

Patricia Goodall, Christine Groah, Pamela Sherron, Written by:

Jeffrey Kreutzer, Paul Wehman.

Rehabilitation Research and Training Center Virginia Commonwealth University Copies from:

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

employment for individuals with traumatic brain injury. Areas covered include intake and assessment, job placement, follow This manual looks at the nuts and bolts of supported along and long term support.

### Supported Employment Technical Assistance Center (June 1992, vol. 2, no. 1)

Rehabilitation Research and Training Center Copies from:

Virginia Commonwealth University

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

explores how natural supports were used to support Mike on his Employment and Independent Living Centers, and strategies for blindness. The article discusses Carl's successes in supported employment. Another article features Mike, whose goal from The issue features Carl, an adult whose primary disability is employment was to get in the field of data entry. The article job. Other articles focus on self determination and choice, strategies for promoting collaboration between Supported state systems change.

### Supporting Workers with Disabilities (1993)

Sycamore Services Inc. Copies from:

2506 Willowbrook Parkway, Suite 215

Indianapolis, IN 46205

(317) 475-3646

Consultant. A handbook describes what other natural supports This video shows how employers can support their employees with disabilities. Three employers and their employees show the working relationship and the role of the Employment there can be in the workplace.

### Toward Integrated Employment for All (1993)

Pat Rogan Developed by:

Center on Human Policy, Syracuse University Copies from:

805 S. Crouse Ave.

Syracuse, NY 13244-2280

(315) 443-3851 • (315) 443-4338 (Fax)

jobs, and current issues in employment. The author describes the development of employment services at a New Hampshire This informational package includes a discussion of systems change strategies, practices being used to support people in organization.

#### The Underachievement of Supported Employment: A Call for Reinvestment

Journal of Disability Policy Studies, 5(2) (1994)

David Mank Author: Specialized Training Program, University of Oregon Copies from:

135 Education Building

Eugene, OR 97403-1235 (503) 346-2477 A discussion of some of the reasons for the underachievement of supported employment. The author offers suggestions for how to address this underachievement.

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#### "PASS" Work Incentive (1993) nderstanding and Using the

Susan O'Meara, Chris Pellegrino Authors:

Virginia Commonwealth University Employment Support Institute of Copies from:

1015 Floyd Avenue, Box 4000 Richmond, VA 23284-4000

(804) 367-1992

This is a practical guide to using Plans to Achieve Self Support 'PASS') work incentive, which can fund services and supports needed for employment. The guide will take you through the process including calculations and sample PASS Plans.

## Understanding Social Security Benefits (1993)

Susan O'Meara, Chris Pellegrino Authors:

Virginia Commonwealth University **Employment Support Institute** Copies from:

1015 Floyd Avenue, Box 4000

Richmond, VA 23284-4000

(804) 367-1992

of employment services, and employment service professionals, Social Security Benefits. It is written for families, consumers The manual is a desktop reference for those learning about giving a general explanation of the Social Security system from Work Incentives to the appeals process and benefits monitoring.

### The Untapped Resource:

### The Employee with Mental Retardation (1993)

Institute for the Study of Exceptional Children and Youth Department of Special Education Copies from:

University of Maryland at College Park College Park, MD 20742-1161

(301) 405-6515

Disabilities Act (ADA) which deals with employment of This document explains Title I of the Americans with employers to offer practical examples of "reasonable persons with disabilities. This guide was written for accommodations."

#### A Valuable Resource

Washington Initiative for Supported Employment Copies from:

83 South King Street, No. 410 Seattle, WA 98104

(206) 342-0881

This videotape features employers and co-workers expressing the benefits of supported employment within their public and supportive co-workers and managers for job restructuring, team building, and the value of supported employment in private business sectors. It is a powerful testimony by today's workplace. (See FYI)

#### Vocational Rehabilitation: A Risky Business When Family Matters.

Journal of Vocational Rehabilitation, 3(2), 11-13. (1993)

Sharman Davis Jamison

discusses some of the ways in which vocational rehabilitation personnel can reduce risk as families create and define their This article focuses on parent roles and responsibilities and roles within the vocational rehabilitation process.

This brochure complements

the video "A Valuable

Progressive Companies

A Resource for

Resource." The brochure

materials introducing the

gives information and

values and benefits of

Supported Employment

to employers

### Working on the Dream:

## A Guide to Career Planning and Job Success (1994)

Don Lavin and Andrea Everett. Edited by Beth DePoint. Written by:

Rise Inc.

Book Orders

Copies from:

8406 Sunset Road NE

Spring Lake Park, MN 55432

serious mental illness and employment professionals who work with them. Areas include practical tips for job seeking and job taking advantage of the Social Security Administration's Work keeping, contacting employers, job interviewing skills, and This hands on manual was written to educate people about Incentive Programs.



### Working Relationships (1993)

Authors: Specialized Training Program, University of Oregon; Oregon

Vocational Rehabilitation Division

Copies from: The Employment Project Specialized Training Program

1235 University of Oregon

Eugene, OR 97403-1235 (503) 346-5311 This 12-minute video features interviews with managers, supervisors, and employees who are using their own resources to train and support employees with disabilities. The video can be used to promote the inclusion of people with significant disabilities in the workforce.

Working Together: Workplace Culture, Supported Employment, and Persons with Disabilities (1993)

Author: David Hagner; Dale DiLeo

Copies from: Brookline Books

P.O. Box 1046 Cambridge, MA 02238

Carribriuge, MA 02238 (617) 868-0360 • (800) 666-BOOK Working Together presents a new approach to assisting individuals with significant disabilities achieve meaningful careers. Aimed at employers and program staff in these areas, the book stresses the important elements in building partnerships between businesses and service providers, and using natural support systems to achieve full acceptance of the client as worker. Central to the approach are proven strategies based on the author's experiences with facilitating social inclusion in workplaces and workplace cultures. Stories and suggestions illustrate these strategies.

## Transition



### Finding enjoyable work Sareer explorations:

By Marion Thayer

has Down syndrome, marched up to receive her diploma. But no one was more proud or happy than the graduate happy moment for our family and friends as Amy, who special education classes in 1988. It was a proud and Our daughter, Amy, graduated from high school

tial employers, and our family. Her explorations included folding laundry in a nursing home, dishwashing at a local process involved several individuals — educators, potenschool years as part of her educational program. This Amy's career exploration began during her high restaurant, and housekeeping at a hotel.

one situation, she became too stressed from imposed time cessful, mostly because Amy did not enjoy the work. In None of these endeavors proved particularly sucThrough trial and error, she was in time placed at her years. Overall, this has been a most successful experience for her. She has made friends and has a good relationship Fuddruckers, a popular hamburger restaurant, for four present job site. She has been a busperson at with her present manager.

comes with a slightly different perspective and expectaseemingly rapid turnover of managers. Each manager One of the downsides of this job has been the tions. This means a new adjustment for Amy.

difficult situations for Amy to deal with, but none of these to an individual with a disability. There have been some Some managers are better able than others to relate situations was insurmountable. With the support of the service provider, and her social worker, problems were eventually resolved.

before finding one's niche." akes some trial and error

another. Sometimes it completely wrong for one person may be

> has gained independence, self-esteem, and the satisfaction Furthermore, Amy looks forward to receiving a paycheck of a job well done. There are other rewards as well. Her Amy is very happy in her present employment and some help from her father or me. She enjoys being able permits her to enjoy many social and recreational activito purchase gifts for family and friends and to buy new clothing and furnishings for her room. Her salary also every two weeks. She keeps her own checkbook with manager is generous with encouragement and praise.

supported employment has helped her achieve this goal. She is becoming a more responsible adult, and



not easy. What works for Finding the right job is

7

Because of the benefits to everyone involved, I would like to see more employers opening their doors to individuals with developmental disabilities. I feel that opportunities are far too limited.

I strongly believe that more creative and innovative career placements are needed. A broader job market needs to be developed so ALL individuals with a disability will be given the opportunity to realize employment on a community job site side-by-side with typical employees. This is my hope for the future.

\*Reprinted from Stories Keep the Vision Alive SEPT/TA Memo, Winter 1992, Vol. 4, Number 1



### Resources

After High School? Building on Today for Tomorrow: Family-Centered Transition Planning Project (1995) Designing and Implementing a Community-Based,

Kathryn Moery Prepared by: The BUILDING Project Copies from: Family Resource Center on Disabilities

20 East Jackson, Room 900

Chicago, IL 60604

(312) 939-3513 Voice • (312) 939-3519 TTY

model is based on the understanding that both the student and their family members need to be "actively" involved in every transition resources for education, employment, housing and contains project materials that can be replicated and various information about strategic transition planning services and programs for high school students and their families. The step of the transition planning process. The manual also This manual examines a model that provides specific recreation/leisure.

Applying Concepts for Person Centered Planning to Job and Career Development (1994)

K. Bridgid Flannery, Roz Slovic, Debra McLean Authors:

Oregon Department of Education Public Service Building Copies from:

255 Capital Street NE

Salem, OR 97310-0203

(503) 378-3598

planning to develop jobs or to explore careers for students with one student can be used as a starting point for other students. disabilities. A list of strategies and resources developed for This paper presents strategies on using person centered

Fransition from High School to Adult Life (1992) Begin the Between: Planning for the

rish Matuszak; Patty Langel; Authors:

Marge Goldberg; Paula Goldberg PACER Center

4826 Chicago Avenue South Copies from:

Minneapolis, MN 55417

612) 827-2966 (Voice/TTY) • (612) 827-3065 FAX

transition from high school to adult and community living for exploration of the student's skills, interests and future goals. students with disabilities. The format guides a student and heir family in developing a transition plan based on their This manual reviews basic issues essential to a successful

Benefits for Individuals Making Transition from School to Adult Life (Spring 1994)

National Transition Network Produced by:

Publications Office Copies from:

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

612) 624-4512

Security Income (SSI) programs as it applies to youth with This Policy Update provides an overview of Supplemental disabilities at the time of their transition from high school. determinations are defined in terms of the statute and Work incentives and SSI eligibility career income regulations.



#### transition skills Four basic

Ability to Assess Yourself: associated with disability. skills, abilities, needs

accommodations needed Awareness of possible for work or school.

civil rights relating to your need of accomodations. Knowledge of your

necessary to express your Self Advocacy skills

Vol. 3, No. 1, March, 1993. Transition Summary, -from NICHCY

#### ERIC Full Rest Provided by ERIC

## Building a Bridge from School to Adult Life for Young Adults with Disabilities in Connecticut

Copies from: Connecticut Parent Advocacy Center, Inc.

5 Church Lane, Suite 4 P.O. Box 579

East Lyme, CT 06333

(203) 739-3089

The manual, which has been adapted by parent organizations in Idaho and Wyoming, offers valuable information on actively planning for transition. The manual assists parents and students to develop transition goals and activities for inclusion in the Individualized Education Plan and the Individualized Tranistion Plan.

Building The Transition Planning Process Into the IEP for Middle School Students: A Guide to Use As A Supplement to "Making the Transition Team Work" (1994-1995)

Copies from: Minnesota Education Services

70 County Road B2 West Little Canada, MN 55117

(612) 483-4442

This guide was developed as a supplement to "Making the Transition Team Work." It provides teachers and families with useful ideas that will assist in the transition planning journey and documenting transition plans on a student's IEP.

## Career Development and Employment for College Students and Graduates with Disabilities: An Annotated Bibliography (1993)

Editors: Betty Aune; David Baggett

Contributors: Susan Aase; Donna Johnson; Kevin Nutter

Career Connections
Office for Students with Disabilities
University of Minnesota

Copies from:

16 Johnson Hall/101 Pleasant Street SE

Minneapolis, MN 55455

(612) 624-6884

The articles in this bibliography deal with career development and employment of college students or graduates with disabilities. There are articles devoted to the professional preparation of employers and staff who work with people with disabilities. Categories include: career development and preparation, employment and workplace accommodations, follow-up studies, and policy and professional development.

Challenges for a Service System in Transition: Insuring Quality Community Experiences for Persons with Developmental Disabilities (1994)

Written by: Mary F. Hayden, Brian H. Abery.

Copies from: Paul H. Brookes PO Box 10624

Baltimore, MD 21285

(800) 638-3775

This resource is integral to the understanding and promoting of full inclusion in the community for persons with developmental disabilities. The book examines current research, trends, policies issues and practices.

#### Jesigning Community Based Vocational Programs for Students with Severe Disabilities (1993)

Katherine J. Inge, Paul Wehman Editors:

Rehabilitation Research and Training Center Copies from:

Virginia Commonwealth University

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

severe disabilities work in the community before transitioning This text looks at programs which can assist students with from school. The authors discuss the pros and cons of community based programming.

#### Developing Self-Esteem Issues for Adolescents with Chronic Illnesses and Disabilities (December 1993)

Developing Social Skills: Issues for Adolescents with Chronic Illnesses and Disabilities (September 1993)

National Center for Youth with Disabilities Copies from:

University of Minnesota

Box 721, 420 Delaware St. SE

Minneapolis, MN 55455

(800) 333-6293.

articles and other materials that focus on self esteem and social Iwo annotated bibliographies which list programs, books,

### Act Amendments of 1994: Its Impact on Transition Services Developmental Disabilities Assistance and Bill of Rights

National Transition Network, Fall 1994 Prepared by:

National Transition Network Copies from:

Institute on Community Integration University of Minnesota

Pattee Hall, 150 Pillsbury Drive SE

Minneapolis, MN 55455 (612) 626-8200

the Act and how systems change projects may further the goal disabilities. This Policy Update describes the components of The Developmental Disabilities Assistance Act emphasizes efforts to improve services for persons with developmental of improving transition services for youth with disabilities.

#### Community Colleges: Selected Examples (1993) Disability Support Practices in

Lynn Barnett Prepared by: Heath Resource Center Copies from:

One Dupont Circle, Suite 800 Washington, DC 20036-1193

(800) 544-3284

of specific disability support practices in community colleges. technology, and community resources are described. Selected This manual was compiled to give descriptions and examples Programs addressing career preparation, vocational training, references are included in the publication.

Howard E. Daniel Written by: Learning Disabilities Association of Hawaii Copies from:

200 N. Vineyard Blvd., Room 310 Honolulu, HI 96817

(808) 536-9684

guide is intended for students with disabilities, their families, college and be successful despite learning disabilities. The This guide is an easy to use reference on how to get into teachers, and counselors.

Disabilities: Job Training Reform Amendments of 1992 Expanded Opportunities for Youth and Adults with Policy Update (Spring 1993)

National Transition Network Produced by:

National Transition Network Copies from:

Pattee Hall, 150 Pillsbury Drive SE Institute on Community Integration

Minneapolis, MN 55455

(612) 626-8200

was prepared to present and discuss several important aspects 1992 (PL 102-367) were signed into law. This Policy Update of the law and interim final rules that may have implications On Sept. 7, 1992, the Job Training Reform Amendments of on transition services. Facts About Planning for the Transition to Adulthood (1993)

Vermont Parent Information Center Developed by:

Parent Information Center Copies from:

1 Mill Street

Burlington, VT 05401

(802) 658-5315 Voice & TTY

or daughter make a smooth transition, how you can help young disabilities. The article outlines important steps to help a son adults achieve greater independence, and how to use a MAPS (McGill Action Planning System) process to help develop an This article describes how parents can be involved in the transition planning for their sons and daughters with adult life plan. ನ ಬ

#### Adulthood of Young People with Severe Disabilities Family Stress Associated with Transition to JASH vol. 17, No. 1, 31 - 39 (1992)

Elizabeth J. Thoren, Larry K. Irvin Written by:

JASH Copies from:

and sexuality, dealing with service providers, family financial developmental disabilities. Areas examined included getting along with others, self-care capabilities, responsible behavior This study looked at 19 families of young adults with severe problems and disagreements.

### Find Your Future and You're In Change (1993)

American Association for the Advancement of Sciences Copies from:

Project on Science Technology and Disability 1333 H St. N.W.

Washington DC 20005

(800) 924-2970

for high school and college students with disabilities. Family helpful as well for their students who want to explore careers This is a set of booklets which provide advice and strategies members, advocates and others may find these booklets in science, engineering, and mathematics.

#### Getting a Life (1993)

Transition Project Copies from:

Edmund S. Muskie Institute of Public Affairs

University of Southern Maine

145 Newbury Street

Portland, ME 04101

(207) 874-6538

fears, dreams, daily concerns and other challenges as they move several young people in transition. Youth speak about hopes, This 26-minute video provides a brief look at the lives of from school to adult life in the community.



### Letting Ready For College: Advising High School Students With Learning Disabilities (Spring 1995)

Jickie M. Barr, Rhona C. Hartman, & Stephen A. Spillane Authors:

HEATH Copies from:

One Dupont Circle, NW, Suite 800

Washington, DC 20036-7193

(202) 939-9320 (800) 544-3284

knowledge, understanding rights and responsibilities, transition advisors. The following ideas are examined: developing self Learning Disabilities and is useful for parents, teachers & planning for college, and the college application process. This article was designed for high school students with

### Graduating from Independence (1994)

Social Security Administration Copies from:

Office of Disability

Altmeyer Building, Room 545

Baltimore, MD 21235 6401 Security Blvd.

(410) 965-5419

information. Parents, educators, professionals and counselors Security Administration system as it affects young adults with "Graduating from Independence," developed by the Social can use the materials to learn and teach about the Social Security Administration, contains a video and written disabilities.

## A Guide to Developing Parent Transition Networks (1994)

Ann Mallin Authors:

A.J. Pappanikou Center 1776 Ellington Road Copies from:

South Windsor, CT 06074

(203) 648-1205

This publication shares the knowledge and experiences gained and the methods and strategies used to develop and maintain information for forming parent groups, a community map of discussion. Although specific to Connecticut, much of the parent networks on transition. An appendix includes resources, speaker bureau information, and topics for information can be used in other areas.

#### Guiding the College-Bound Learning Disabled Student: A Directory of Programs and Services at NACAC Member Institutions (1991)

James Alexander; Judy Rolfe Authors:

Association of College Admission Counselors Copies from:

1800 Diagonal Road, Suite 430 Alexandria, VA 22314

(703) 836-2222

universities. In addition, the publication outlines the process students with learning disabilities attending colleges and This directory lists programs and services available for and materials relevant to various planning stages.

### MEATH Resource Directory (1993-94)

**HEATH Resource Center** Copies from:

American Council on Education

One Dupont Circle, Suite 800 Washington, DC 20036-1193

(800) 544-3284 • (202) 939-9320

directories, magazines, and organizations are provided to assist This directory lists resources in major areas such as: advocacy, access, awareness, community integration, funding, legal assistance, and disability specific organizations. Books, the reader in locating resources.

## IDEA: Its Impact on Transition Regulations (Winter 1993)

National Transition Network Produced by:

Publications Office Copies from:

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

This Policy Update presents regulatory language of IDEA (PL - as they pertain to the transition of students from school to participation in meetings, content, and agency responsibility 101-476). It examines four areas of an IEP — notification, adult life.



#### Looking for

If you are a student with a different schools you may disability and exploring counseling, remediation classes, advisement and want to find out if the following are offered: tutoring. Ask about special courses in processing, typing, speed mprovement and noteareas such as word writing, memory taking. You may also want to check auxiliary aides and services: on the availability of

(a) tape recorders

(b) advocacy services, and (c) alternative examination

### IMPACT: Feature Issue on Health Needs of Transition Aged Youth (1994)

Copies from: Publications Office

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

This issue of the newsletter was written for families. An array of issues are addressed as they relate to planning and meeting the health care needs of transition aged youth, profiling programs across the country.

### IMPACT: Feature Issue on Transition (1992)

Copies from: Publications Office

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455 (612) 624-4512 This 16-page newsletter addresses many issues that states and local communities must face as they prepare students with disabilities to live in the community. Profiles of students who have transitioned are included.

#### Independent Living (1994)

Produced by: OSERS

Winter/Spring 1994 (Vol. 6, No. 2)

Copies from: OSERS

Switzer Building, Room 3129 330 C Street SW

Washington, DC 20202-2524

This issue of OSERS focuses on independent living centers. Information includes changes in the Rehabilitation Act of 1973, perspectives on personal assistance services and how parent networking is working in independent living centers, and consumer driven supported employment programs.

## Information for Parents of High School Students with Disabilities in Transition to Adult Life (1993)

Compiled by: PACER Center

4826 Chicago Avenue South

Minneapolis, MN 55417

(612) 827-2966 (Voice/TTY) • (612) 827-3065

Presented by: Interagency Office on Transition Services 924 Capitol Square Building, 550 Cedar Street

St. Paul, MN 55101

(612) 296-5660

Copies from: Minnesota Educational Services

70 West County Road B-2 Little Canada, MN 55117-1402

1-800-652-9024 Toll Free MN only

(612) 483-4442 • (612) 483-0234 FAX

This text provides information to families about transition. The book looks at the roles and recounts the views of students, parents and professionals during the transition process.

#### Infusing Transition into the IEP: A Synopsis of the Final Regulations (1992)

Written by: Edward E. O'Leary

Copies from: Iowa Transition Institute, Drake University

Mountain Plains Regional Resource Center

Des Moines, IA 50311

(515) 271-3936

This article acquaints readers with the sections within IDEA that relate directly and indirectly to transition. The author focuses on the final regulations about transition within the IEP.

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## itegrating Transition Planning Into the IEP Process (1992)

Bonnie Jones; Robert J. Miller; Mickey Sarkees-Wircenski Lynda L. West; Stephanie Corbey; Arden Boyer-Stephens;

The Council for Exceptional Children Copies from:

1920 Association Drive

Reston, VA 22091-1589

(800) CEC-READ

Individual Education Planning (IEP) process. Descriptions are activities. Three sample IEPs are provided. This book also offered for those skills needed for employment, community This book illustrates how to incorporate planning into the living, post-secondary education, and leisure recreational describes how students can become better self-advocates.

#### It's Your Choice: Planning for Life After High School (October 1993)

Renee Williams-Reeb, Wendall Janke, Barbara Bishop Authors:

Full Citizenship, Inc. Copies from:

211 East Eighth, Suite F Lawrence, KS 66044

(913) 749-0603

where to work and live, how to get around, and recreation and adults with disabilities discuss choices they made regarding earning opportunities. The companion workbook includes students with disabilities and their families. Three young This is a 14-minute videotape and workbook package for choice-making activities to help students practice their decision-making skills.

#### Legal Issues for Adolescents with Chronic Illnesses and Disabilities and Their Families (1993)

National Center for Youth with Disabilities Copies from:

University of Minnesota, Box 721

Minneapolis, MN 55455

overview of some of the key legal issues, ranging from consent adolescents and young adults with disabilities, their parents, This issues focuses on a variety of legal issues that confront advocates and the professionals who work with them. An and confidentiality to the criminal justice system are

#### Life Beyond the Classroom: Transition Strategies for Young People with Disabilities (1992)

Paul H. Wehman Author: Paul H. Brookes Publishing Co. Copies from:

Baltimore, MD 21285-0624 P.O. Box 10624

(800) 638-3775

Ħ successful transition programs for students with disabilities. This is a guide to planning, designing and implementing examines critical educational, social and legal issues surrounding transition.

#### Third Annual Parent/Family Conference (1993) Lifelong Transitions: Proceedings from the

Howard University Research and Training Center 2900 Van Ness Street NW Copies from:

Sylvia Walker; R.W. Nicholls; K.A. Turner; R.J. Palmer

Editors:

Holy Cross Hall, Suite 100 Washington, DC 20008

(202) 806-8086 (202) 806-8091

proceedings contain project profiles relating to transition in the supported employment, and transition services training for early years, self-determination, post-secondary programs, determination, housing, and supported employment. These proceedings give an overview of conference presentations, which included such topics as self related personnel.

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420 Delaware St. SE

800 333-6293

presented.

### Post-Secondary Education for Adults with Disabilities Make the Most of Your Opportunities — A Guide to

HEATH Resource Center Copies from:

American Council on Education One Dupont Circle, Suite 800

Washington, DC 20036-1193

(800) 544-3284 • (202) 939-9320

This paper explains to students with disabilities what factors to rehabilitation services, support groups, and independent living school. The guide also discusses accommodations, vocational consider in deciding to continue their education after high centers.

### Making the Transition Team Work (1994)

Minnesota Educational Services Copies from:

Little Canada, MN 55117-1402 70 West County Road B-2

(612) 483-4442

The student's planning team, looks at choosing and refining goals, disabilities and the team plan for the student's transition. guide clarifies the scope of transition for members of the overviews techniques for assessing students' needs, and includes suggestions for developing plans that include This book serves as a road map to help students with transition goals.

#### Disabilities: The Student Support Services Program Maximizing Academic Success for Students with at New York Technical City College (1993)

Howard University Research and Training Center Copies from:

2900 Van Ness St. N.W.

Washington, DC 20008

(202) 806-8086 (202) 806-8091

York Technical College to students with physical, sensory, and learning disabilities. Students discuss successful technologies and individual strategies which are helping them reach their This video discusses the support services provided by New educational goals.

#### Meeting the Needs of Youth with Disabilities: Handbook for implementing Community-based Vocational Education Programs According to the Fair Labor Standards Act (1994)

National Transition Network Prepared by:

Institute on Community Integration

University of Minnesota

Fawn Milliken Copies from:

209 Education Building, Colorado State University

Fort Collins, CO 80523

(970) 491-1843

settings rather than the school environment. Service programs are in regular work environments, and schools must comply community-based vocational education programs (CBVE), The CBVE approach delivers services in community work This handbook provides guidelines to schools operating with the Fair Labor Standards Act (FLSA) administered through the U.S. Department of Labor.

### Mental Health Issues: When the Disability Comes From Within

Connections, Vol. 5- No. 2 (Spring 1995)

Peggy Mann Rinehart Author:

National Center for Youth with Disabilities Copies From:

University of Minnesota, Box 721 420 Delaware St. SE

Minneapolis, MN 55455

(612) 626-2825

"Mental health issues affect about 12% of children and youth in this country." This article examines some of the problems associated with the successful transition of youth with

emotional disturbances.

#### oving On: Transitions for Youth with Behavioral Disorders

Michael Bullis and Robert Gaylord-Ross Authors:

**CEC Publications** Copies from:

PO Box 79026

Baltimore, MD 21279-0026

(800) CEC-READ (232-7323)

vocational preparation activities in the curriculum for students with behavioral disorders. The text also covers ideas on how to network with support agencies and provide instructional experiences in competitive work settings for youth with This book presents suggestions and ideas for infusing behavioral problems.

#### with Learning Disabilities (1994) National Resources for Adults

HEATH Resource Center, American Council on Education; Authors:

Vational Adult Literacy and Learning Disabilities Center

HEATH Resource Center Copies from:

One Dupont Circle, Suite 800 Washington, DC 20036

(800) 544-3284

the local and state levels. The guide provides information on disability get information and to know how to go for help at This guide is intended to assist the adult with a learning assessing problems and selecting resources.

## New Requirements for Transition (Spring 1993)

National Transition Network Produced by:

Publications Office Copies from:

University of Minnesota, 150 Pillsbury Drive SE Institute on Community Integration

Minneapolis, MN 55455

(612) 624-4512

Rehabilitation Act Amendments. Areas discussed include planning and providing transition services, Individualized Written Rehabilitation Program (IWRP), and the state This Update looks at the law and change in the 1992 Rehabilitation Advisory Council.

## Painting Your Future: Planning for Transition (1993)

Minnesota Department of Education Copies from:

Interagency Office on Transition Services 924 Capitol Square Building

550 Cedar Street

St. Paul, MN 55101

(612) 296-5660 Voice • (612) 296-2094 TTY

disabilities in Minnesota. Areas covered on the video include This video explores transition planning for students with training, community participation, and leisure/recreation post-secondary training, employment and employment opportunities.

### Parent Briefs (Winter 1993)

Publications Office Copies from:

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

Participation at IEP Meetings; Transition Planning: What Are This four-part series of publications covers such topics as: the Ages?; and Students and the Graduation Dilemma. Transition Services: What Does It Mean?; Student

### Parent Connection Guide: A Manual for Starting and Maintaining a Parent Connection Group (1994)

Sally Anderl, Anita Gitchuway, Barbara Knowlen, Marcia Pajak, Cheryl Powell Edited by:

70 County Road B2 West MN Education Services Copies from:

Little Canada, MN 55117

(612) 483-4442

The purpose of this guide is to help parents form groups with information and resources for conducting meetings related to improving transition services.

### Career Planning Begins

at Home

them such job-related behaviors severe disabilities by teaching employment opportunities for their sons or daughters with Parents can improve the

- Asking for help when a task is difficult.
- Knowing how to return to a job after a break and finish a
- Knowing how to participate in a team effort.
- corrections when doing a job. Accepting directions and

employment opportunities of Parents also can improve the their sons or daughters by:

- planning team that involves the know her or him in a range of student and the people who Establishing a career settings.
- marketable skills and her or his Identifying the student's likes and dislikes.
- Making sure the student has a resume and letters of reference.
  - Providing job leads to school personnel and adult service providers.



## Parental Involvement in Vocational Education of Special Needs Youth: An Evaluation and Planning Guide

(1991)

Written by: H. L. Garber, M. McInerney

Copies from: American Association on Mental Retardation

Publications Center P.O. Box 25

Annapolis Junction, MD 20701

(301) 604-1340

This manual describes school-based strategies that involve parents in preparing youth with special needs for jobs following school and independence. This procedural manual helps to address how parents' involvement can be increased in vocational education programs for students with disabilities.

#### Person Centered Planning: How Do We Know We Are Doing It? (1994)

Authors: K. Brigid Flannery, Roz Slovic, Debra McLean

Copies from: Oregon Transition Systems Change Project

Department of Education, Public Service Building Salem, OR 97310-0203

(503) 378-3598

This paper discusses the most common features of person centered planning and some individual strategies for implementation. A resource list and a checklist of the features of person centered planning are included.

#### Peterson's Colleges with Programs for Students with Learning Disabilities. (1994)

Authors: Charles T. Mangrum, Stephen S. Strickhart.

Copies from: Peterson's

202 Carnegie Center Princeton, NJ 08453

(609) 243-9111

This book offers an array of information and what assistance is available by over 800 institutions of higher learning to students with learning disabilities.

#### Planning for Quality Life Outcomes: Transition to Adulthood (1994)

Produced by: Supported Employment Telecourse NETwork

Copies from: Rehabilitation Research and Training Center Virginia Commonwealth University

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY

(804) 828-2193 FAX

This video discusses the aspects of planning with teenagers and their families from moving from school to community and to vocational endeavors. Emphasis is placed on planning and address all facets of a student's life to ensure quality life outcomes.

## Promoting Decision-Making Skills by Youth with Disabilities — Health, Educational and Vocational Choices

Copies from: National Center for Youth with Disabilities
University of Minnesota
420 Delaware St. SE, Box 721

420 Delawale 3t. 3E, BO Minneapolis, MN 55455

(612) 626-2825

Various resources are available in bibliography format. Topics covered include resources to help youth and the family improve decision-making skills related to education, careers, and health care.

### ovisions for Youth with Disabilities in Vocational Education: 1992 Carl Perkins Act Final Regulations (Fall 1993)

Produced by: National Transition Network

Copies from: Publications Office

Institute on Community Integration

University of Minnesota, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

The purpose of this Policy Update is to present regulatory language associated with key provisions in the Carl D. Perkins Vocational and Applied Technology Education Act Amendments of 1990 (PL 101-392). The areas addressed include definitions, information dissemination, equitable participation in vocational education, full participation in vocational education, and input into state plans.

## Reach for the Dream! Developing Individual Service Plans for Persons with Disabilities (1991)

Authors: Dale DiLeo

Copies from: Training Resource Network (TRN)

P.O. Box 439

St. Augustine, FL 32085

(904) 823-9800

A manual on current thinking about developing and integrating individual written plans — including the Individual Education Plan, Individual Service Plan, and the Individual Work Related Plan — into the futures planning process. Included in the manual are: sample objectives, sample profiles and personal futures planning statements.

## Recruitment, Admissions, and Transition Students with Disabilities (1994)

Prepared by: Heath Resource Center, American Council on Education,

and the American Association of Collegiate Registrars

and Admissions Officers (AACRAO)

Copies from: AACRAO Distribution Center

P.O. Box 231
Annapolis Junction MI

Annapolis Junction, MD 20701 (301) 490-7651 This third edition contains information for admissions professionals, students with disabilities and their families. It covers the language and mandates of the Rehabilitation Act Amendments of 1992 and the Americans with Disabilities Act.

## Selected Readings in Transition: Cultural Differences, Chronic Illness and Job Matching, volume 2 (1993)

Prepared by: Teresa Dais, Nancy Meier-Kronick, Pamela Luft, and

Frank R. Rusch

For copies: Transition Research Institute

University of Illinois at Urbana-Champaign

113 Children and Research Center, 51 Gerty Drive

Champaign, IL 61820

(217) 333-2325

This monograph examines the area of assessment as it relates to cultural diversity and transition.



for Themselves from their Social Relationships with Peers Some Benefits Nonhandicapped Adolescents Perceive who have Severe Handicaps (1990)

Charles Peck, J. Donaldson, M. Pezzoli. Written by:

JASH 15(4), 241-249,

TASH Copies from:

29 Susquehanna Ave., Suite 210

(410) 828-8274 Voice Baltimore, MD 21204

(410) 828-6706 FAX

(410) 828-1306 TTY

also discussed difficulties they experienced in their relationships disabled. Students experienced six types of benefits. Students Twenty-one non-disabled high school students were studied to find out the benefits they experienced as a result of developing relationships with peers who were moderately to severely with their peers.

Diagnosed with Severe Mental Illness Who Are Thinking So You Want to Go to College: A Guide for Individuals About College (1993)

Steven M. Fishbein, Betty Holland Authors:

State of New Jersey Copies from: Office of Human Resource and Rehabilitation Development

CN 727

Frenton, NJ 08625-0727

(609) 777-0651

This guide examines post secondary educational opportunities for individuals diagnosed with mental illness. Topics include: contains the names of organizations and published materials college, community college versus four-year colleges, and supports and reasonable accommodations. The appendix supported education, considerations before applying to on related subjects.

#### Speak Up for Health: A Handbook for Parents of Teens with Chronic Illness or Disabilities (1992)

Ceci Shapland; Kris Schoeller; Marge Goldberg; Paula Goldberg Prepared by:

PACER Center

Copies from:

4826 Chicago Avenue South Minneapolis, MN 55417 (612) 827-2966 Voice/TTY • (612) 827-3065 FAX

This handbook was written by parents and adults with chronic become as independent as possible in managing her or his preparing for health care independence. Helpful hints are included to guide the parent in preparing their teenager to illness or disabilities and focuses on the importance of health care.

### Speak Up for Health (1992)

PACER Center Copies from:

4826 Chicago Avenue South

Minneapolis, MN 55417

(612) 827-2966 Voice/TTY • (612) 827-3065 FAX

A 15-minute video about young people who understand their own health care needs and speak out on their own. Parents also address the need for their teens' own knowledge and independence in health care areas.

#### Steps Toward Independence (March 1994) Stories of Youth in Transition:

Committee on Transition Copies from:

USM Muskie Institute

145 Newbury Street

Portland, ME 04101 (207) 874-6538 These are the transition stories of five young people in Maine. introduction to the successes and challenges of the transition These stories present a very real and very personal process in one state.

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#### From Invitation to Involvement (February 1995) SISSE STATE STATE STATE OF STA

Polly Ebbs. SAARC REPORTS Prepared by: The South Atlantic Regional Resource Center Copies from:

1236 North University Drive Plantation, FL 33322

(305) 473-6106

Act (IDEA) that relate to transition services. This issue looks at This article acquaints the reader with those sections in the law how programs across the country are engaging students in the and the regulations of Individuals with Disabilities Education transition process.

## Survival Guide for College Students with ADD or LD (1995)

Nadeau, KG

Magination Press Copies from:

19 Union Square West

New York, NY 10003

(800) 825-3089.

students and specialists in the field of learning disabilities and This book consists of tips and advice gathered from college attention deficit disorder about how to survive in college settings. The book is designed to help the reader gain information that is needed to become an effective self advocate.

#### Taking Charge: Teenagers Talk About Life and Physical Disabilities (1994)

Kay Harris Kriegsman; Elinor L. Zasłow; Editors:

Jennifer D'Zmura-Rechsteiner

Woodbine House Copies from:

5616 Fishers Lane

Rockville, MD 20852

disabilities. Written for teenagers, it is also useful for families, community, and setting goals and how to achieve them. It also portray the dual challenges of their teenage years and physical This publication presents the voices of 15 young people who developments, barrier-free architecture, taking care of one's their self-esteem, relationships with family, friends and the riends and professionals. It focuses on the individual and (301) 468-8800 • (800) 843-7322 • (301) 468-5784 FAX ncludes appendices on disability laws, technological oody, and resources.

### Feaching the Possibilities: Community Participation (1994)

Minnesota Educational Services Copies from:

Capitol View Center

70 West County Road B2 Little Canada, MN 55112

(612) 483-4442

transition planning teams. The emphasis is on addressing the This guide provides information and teaching tips for needs of students as they learn to participate in their communities.

#### Resource Guide for Transition Planning (1990) Teaching the Possibilities: Home Living

Minnesota Educational Services Copies from:

70 W County Road B2

Little Canada, MN 55112-1402

(612) 483-4442

This guide has resources and teaching tips to help students prepare for living in different environments.

### Feaching the Possibilities: Identifying Individual Transition Needs (1993)

Minnesota Educational Services Copies from:

Little Canada, MN 55112-1402 70 W County Road B2

(612) 483-4442

includes descriptions of the transition assessment process, list assessment instruments in the five transition planning areas This guide serves as a resource for transition planning. It and several planning surveys to be used with parents and students.

## Teaching the Possibilities: Job and Job Training Resource Guide for Transition Planning (1991)

Minnesota Educational Services Copies from:

70 W County Road B2

Little Canada, MN 55112-1402

(612) 483-4442

This guide contains resources and teaching tips to address the needs of students preparing for future employment.

# Teaching the Possibilities: Postsecondary Education and Training Resource Guide for Transition Planning (1992)

Minnesota Educational Services Copies from:

Little Canada, MN 55112-1301 70 West County Road B2

(612) 483-4442

needs of students as they prepare for post-secondary and life-This guide contains resources and teaching tips to provide teachers and agency staff with a framework to address the long learning.

#### CV.

# Leisure Resource Guide for Transition Planning (1994) Teaching the Possibilities: Recreation and

Minnesota Educational Services Copies from:

Capitol View Center

Little Canada, MN 55117 70 W. County Road B2

(612) 483-4442

reasons for concerted planning and preparation for youth with This guide was developed to assist in planning for students as annual/short term planning; with transition the focus includes individual planning efforts traditionally were geared toward develop social skills and preferred interests are some of the successful adult life. Use of free time and opportunities to they prepare to exit secondary education. Curriculum and the long term post-school goals and outcomes related to a disabilities.

# Learning Disabilities for Post-Secondary Education (1991) Tools for Transition: Preparing Students with

American Guidance Service P.O. Box 99 Copies from:

Circle Pines, MN 55014-1796

(612) 786-4343

The video and two guides examine transition practices and strategies for students with learning disabilities. Areas of information include career exploration, self advocacy, planning, testing accommodations, and modifications.

# Transitions (Fall 1993) OSERS News in Print, 6(1)

U.S. Department of Education Copies from:

Washington, DC 20202-2524

Putting Youth with Disabilities to Work: A Business Education This issue of OSERS News in Print is devoted to transition Fransition Services for Secondary Youth with Disabilities; Community Life Options for Persons with Developmental Disabilities; POWER: A Transition Model for Facilitating issues and topics. Articles include: Systems Change and Partnership; City Lights School: Fostering Transition for Student Choices; and Building on Today for Tomorrow: Emotionally Disturbed and Delinquent Adolescents; Making a Difference with Transition.

Minnesota Education Services 70 County Road B2 West Little Canada, MN 55117 Copies from:

(612) 483-4442

begin keeping track of their transition information. Students This folder is a way in which students with disabilities can can pencil in current information as they prepare for transitioning from school to adult life.

Transition: Preparation for Adult Living — A Guide for Parents (1993)

Deb Rauscher; Louise Thieme Authors:

Parent Education Network 333 East 7th Ave. Copies from:

York, PA 17404

(717) 845-9722

for early planning for the role that education and other systems will play as students move through the transition years. Areas This manual, designed for parents, alerts families to the need covered include the law and transition, developing a specific planning, community participation, adult services, and posttransition plan, sample goals and objectives for transition secondary education and training.

Disabilities: Print and Media Resources (1992) Transition to Adult Life for Individuals with

109 Pattee Hall, 150 Pillsbury Drive SE Institute on Community Integration University of Minnesota Copies from:

Minneapolis, MN 55455

(612) 624-4512

recreation and leisure, post secondary training and learning, and self advocacy, development of secondary educational programs interagency collaboration and teaming, family and consumer and services, job and job training, community participation, This resource guide provides information to individuals involved in transition from school to adult life. It lists numerous resources on nine content areas including: independent living.

Transition Resource Guide (1992)

Elizabeth Spiers Laura Samberg Edited by:

**HEATH Resource Center** Copies from:

One Dupont Circle, Suite 800 Washington, DC 20036-1193

(800) 544-3284 (202) 939-9320

about educational options after high school. The focus is away from college. People, organizations, publications, and other Action which can be used by the student and his/her family. media are listed. There is a helpful checklist called Taking This guide is designed to inform parents and professionals

Transition Resource Guide (1993)

Vermont Parent Information Center Chace Mill/1 Mill Street Copies from:

Burlington, VT 05401

(802) 658-5315 (Voice/TTY) • 1-800-639-7170

organizations and agencies that students with disabilities and Some of their families can use to prepare for adult life. A variety of arrangements, jobs, job training, and guardianship. This guide contains information about community topics are covered, including assistive technology transportation, education, income support, living the information is specific to Vermont.

"Transition Services in the IEP." (1993) Transition Summary, 3(1)

Children and Youth with Disabilities National Information Center for Copies from:

P.O. Box 1492

Washington, DC 20013-1492 1-800-695-0285

(202) 884-8441 (Fax)

article examines how the law can be translated into action. definitions and mandates of the IDEA (PL 101-476). The This article looks at transition services in detail and the

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## Young People with Disabilities (Summer 1992) **Fransition From School to Adulthood for**

Paul Wehman, Ph.D Authors: Virginia Commonwealth University Copies from:

Vocational Options Project and Rehabilitation Research and Training Center on Supported Employment

VCU Box 2011

Richmond, VA 23284-2011

(804) 828-1851

Project found useful in program development. The Project is a instruction, and steps in setting up community-based training This issue discusses information that The Vocational Options employment project for students with severe disabilities. Areas covered include labor laws and community based community-based vocational training and supported

## Youths and Adults with Disabilities (1992) Transition from School to Work for

F. Rusch, L. DeStefano, J. Chadsey-Rusch, Editors:

L. Phelps, E. Szymanski

Fransition Research Institute at Illinois Copies from:

61 Children's Research Center, 51 Gerty Drive

Champaign, IL 61820

(217) 333-2325

school to working in the community. The text addresses issues such as school reform and its implications on transition, policy This text looks at issues facing youth as they transition from planning and development at the state level, cultural and language issues, and transition to college.

# Journal of Vocational Rehabilitation (Vol. 1, No. 4) (1991) **Transition from School to Work**

Paul Wehman

Journal of Vocational Rehabilitation Copies from:

work. Issues include a career ladder concept, job development transition of young adults with disabilities into the world of multiple disabilities, working with young people with deafblindness, and the movement from segregated to integrated and employment outcomes for students with physical and This October 1991 journal examines many aspects in the employment for young people.

## **Transition Services Beyond Graduation:** State Policies and Perspectives (1993)

Jane Storms, Camilla Bayliss, Jeanne Kincaid, Compiled by:

Susanne Carter

National Clearinghouse of Rehabilitation Training Materials 816 West Sixth Ave., OSU Copies from:

Stillwater, OK 74078-0435

(405) 624-7650

the paper summarizes the legal considerations that states must beyond graduation for students with disabilities. In addition, The intent of this paper is to provide the reader with current requirements and the continuation of transition services information on state practices related to graduation keep in mind.

# Transition Success: Selected Practices and Strategies (1993) Coalition Quarterly, 10(3), 8-10

Sharman Davis Jamison Author: SEPT/TA Project, PACER Center Copies from:

4826 Chicago Avenue South

Minneapolis, MN 55417

(612) 827-2966 Voice TTY • (612) 827-3065 FAX

This article discusses three practices families found helpful to planning, (2) family involvement, and (3) student choice and overcome barriers to supported employment. The practices families identified include (1) comprehensive transition self-determination.

## ..ansition for Youth with Learning Disabilities: A Focus on Developing Independence (Fall 1992)

Written by: Henry B. Reiff, Sharon de Fur

Copies from: Learning Disability Quarterly (No. 4), Fall 1992

pages 237 - 249

This article looks at the history of transition policy and legislation and recent post-secondary experiences for students with learning disabilities. The authors then discuss transition planning services that improve outcomes for students with learning disabilities.

Transition Services for Youth with Psychiatric Disorders Community Support Network News, 8(3). (April 1992) Boston, MA: Center for Psychiatric Rehabilitation

Author: Karen V. Unger

Copies from: Center for Psychiatric Rehabilitation, Boston University

Sargent College of Allied Health Professionals

730 Commonwealth Avenue

Boston, MA 02215

(617) 353-3549

This issue examines the educational and mental health needs of youth with serious emotional disabilities as they transition from school to the community. Studies identify some adolescent problems. Resources are listed throughout the article.

# Fransition Trends in Community Education (1994)

Compiled by: Susan M. Young

Copies from: Minnesota Education Services

70 County Road B2 West

Little Canada, MN 55117 (612) 483-4442 This guide is a compilation of classes and activities to use in developing programs in the areas of home living, jobs and job training, post-secondary education and training, recreation and leisure and community participation. This resource guide is to strengthen the classes and activities offered by community education for individuals with disabilities in the transition from high school to adult life.

Transition: Who Ever Said It Would Be Easy Transition Update (Spring 1994)

Author: Cherron Zullo

Copies from: lowa Transition Initiative, Drake University Mountain Plains Regional Resource Center

Des Moines, IA 50311

(515) 271-3936

"Transition: Who Ever Said It Would Be Easy" examines the transition times for children with disabilities. They are early intervention, preschool to kindergarten, elementary school to secondary school, and secondary school to adult living. The author provides helpful hints to parents on what to do at each phase of transition.

Understanding A Need: Alcohol and Other

Drug Abuse Prevention for People with Disabilities (1993)

Copies from: Resource Center on Substance Abuse

Prevention and Disability

1331 F Street, NW, Suite 800

Washington, DC 20004

(202) 783-2900

This 15-minute video looks at those factors which place a person with a disability at risk for alcohol and other drug abuse. The commentators dispel myths, discuss the facts, and outline strategies for prevention. Some effective strategies include (1) information giving, (2) skill building techniques - coping skills, decision making skills, and (3) influencing policy. A 29-page presenter's guide accompanies the video and is designed to facilitate discussion and action among participants in the fields of alcohol, drug abuse services, disability and rehabilitation.

Unfinished Business: Providing Vocational Services to Transition Aged Youth with Serious Emotional Disturbances Journal of Vocational Rehabilitation 5 (1995) 159-165

Written by: Karen V. Unger

Copies from: Journal of Vocational Rehabilitation

This article discusses the barrier and problems in developing comprehensive vocational services for youth with serious emotional disturbances. Some effective vocational service programs are discussed and recommendations are made.

## Vocational Programs for Students with Severe Disabilities Vocational Options Project: Designing Community-Based (1993)

(atherine J. Inge, M.Ed., O.T.R.; Paul Wehman, Ph.D. Editors:

Vocational Options Project Copies from: Rehabilitation Research and Training Center Virginia Commonwealth University

P.O. Box 842011

Richmond, VA 23284-2011

(804) 828-1851 Voice • (804) 828-2494 TTY (804) 828-2193 FAX

workplace, supported employment issues and applications, and of the current labor laws and how they can affect the design of students with severe disabilities for these programs, a review severe disabilities. Sections discussed are: how to prepare programs, how to deal with challenging behaviors in the community-based vocational programs for students with This text discusses strategies and methods to develop other literature on supported employment.

### During Their Last Year of High School (1993) Vocational and Transition Services Needed and Received by Students with Disabilities

M. R. Benz, A. S. Halpern Written by:

Career Development for Exceptional Individuals

Vol. 16, No. 2, 1993 (pp. 197-211)

Division of Career Development and Transition Copies from:

1920 Associate Drive

Reston, VA 22091

retardation, may be in a disadvantaged group when it comes to disabilities. The study also notes that certain groups of young the vocational and transition services they need versus what learning disabilities, emotional disabilities and mild mental This article describes vocational programs and transition adults with disabilities, namely females and students with planning services needed and received by students with they receive.

### A Resource Manual for Transition Services for What is Transition from School to Adult Life? Youth with Disabilities in New Jersey (1995)

Rebecca S. McDonald and Bob Haugh Copies from: Edited by:

Office of Special Education Programs New Jersey Department of Education

Trenton, NJ 08625 (609) 292-4462

CN 500

of transition in the state of New Jersey. Information is helpful nelpful information and serves as an introduction to the world This comprehensive reference manual contains sources for for examining school to adult life issues for students with disabilities.

# Work that Educates: Community Based Work (1993)

Minnesota Department of Education Copies from:

Interagency Office on Transition Services

924 Capitol Square Building, 550 Cedar Street

St. Paul, MN 55101

(612) 296-5660 Voice • (612) 296-2094 TTY

students working in community based work opportunities. The partnership with school districts to create and implement work This 5 minute Training Employer Video presents examples of video gives information as to how employers can work in experiences for students. A guide is available to assist the presenter in preparing and delivering a presentation to prospective community employers.

## YES WE CAN: A Guide to Including Persons with Disabilities in Community Education (1994)

Community Education Network on Disabilities Prepared by:

Minnesota Community Education Association Community and Adult Education Section Copies from:

550 Cedar Street

St. Paul, MN 55101

(612) 296-8311

illustrate ways of thinking how community education can meet This guide gives examples of situations and strategies which the needs and preferences of persons with a disability.

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Opportunities Act of 1994 - National Transition Network. Nuth with Disabilities and the School To Work (Summer 1994)

National Transition Network Copies from:

Institute on Community Integration

University of Minnesota, Pattee Hall

150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 626-8200

The School To Work Opportunities Act is a national initiative illustrate the key aspects of the language and describe its for comprehensive education reform. This article is to potential implications for youth with disabilities.

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# Self Advocacy

ERIC Full Text Provided by ERIC



# Setermined to make one's own decisions

by Donna Stuntebeck Special Needs Staff Hibbing Technical College In June 1991, Mary Paschke graduated from Chisholm High School. In September, she began her second year of training in the Culinary Arts program at the Hibbing Technical College (HTC).

How this came about is the story of one student's determination to train for an occupation, a family's ability to access choices, and an educational system's efforts to provide for the special needs of a student. The story also is a history of transition from secondary school to post-secondary training.

Mary's story began in the 11th grade. Her work experience facilitator, Tom Eidel, had the idea of taking a group of students with disabilities into a work situation at the Hibbing Technical College. He contacted HTC Special Needs Coordinator Donna Stuntebeck, and together they approached Larry Paskvan, the culinary arts program leader who supported the idea.

Together, these three planned a work situation for two groups of students who would work at HTC in warewashing (washing dishes, silverware, etc. using automated equipment and sanitary methods). Mary would be in one of the groups.



Through this work experience, the students with disabilities would have an opportunity to be with students their own age in a compatible, integrated setting. While learning job skills, they would get a taste of the post secondary training environment. School and district administrators approved the idea, and so Mary came to HTC.

Mary spent two hours of each day that first year at HTC, learning warewashing skills (dish and silverware washing), demonstrating that she is a productive and responsible worker, and interacting with HTC students. She commuted by bus from Chisholm each day.

At home, she began to discuss with her parents the possibility of occupational training. Mary's parents, Wes and Bunny Paschke, realized the need for Mary to plan for her future, knowing that the time had come for Mary to begin the process of breaking away and entering adulthood. If she was really interested in the food service occupation, they wanted her to exercise her options to do

### fyi

"Personal contact was also very important; much more so than with many of the other students. Talking and visiting often became an educational tool."

One choice they considered was Minnesota's Post Secondary Education Option. After investigation, Mary and her parents decided to go this route Mary's senior year in High School. In the spring, the necessary papers were filed and Mary enrolled in the Culinary Arts program at HTC. Under this option, Mary would be a senior at Chisholm High School but would attend classes at HTC.

To make this transition to HTC, careful planning and cooperation were needed among parents, Mary, and personnel at both Chisholm High School and HTC. Staffings were held and expectations of all those concerned were discussed.

An individualized training plan was written to address Mary's needs at both secondary and post-secondary levels. Once training began, periodic staffings were held to evaluate progress and make adjustments. Mary always contributed, along with a parent, special needs and counseling staff from HTC, and one of Mary's high school teachers. Problems were addressed with openness, and solutions attempted, most often with success.

One of the problems addressed was one that most post-secondary students experience — that of being at a new place, trying to make new friends with that wonderful sense of being "on one's own" but at the same time having to abide by a schedule and make decisions. It is usually not an easy task, and it didn't prove to be easy for Mary. Part of her heart was also still at the high school, along with her friends. One solution was to encourage participation in high school activities. Those contacts were still important.

Mary also required extra time and attention at tasks, and it was necessary for her instructors to adjust their teaching methods for Mary's learning style. All needed to

cooperate, to keep a sense of humor and to have a supportive attitude. We were all covering new educational ground. If something didn't work, we needed to try again.

That year passed and problems were addressed as they emerged. The assistance of Mary's high school teacher and work experience coordinator was absolutely essential as was the interest and perseverance of her parents.

It was decided that Mary would spend as much time as needed to learn a skill and that she would be evaluated in skill areas, using a checklist of performances. Extra care needed to be taken so that she was not "lost in the crowd" but rather kept focused on the job at hand.

This was not always easy. Mary often felt lost, not needed, and each time this happened, we all had to recoup and try another approach.

We found, for example, that a more structured approach than we had anticipated was needed so that Mary would feel secure in knowing what was expected of her. We had to work harder at communicating our expectations effectively at her level. We needed to make potential choices open to her but also needed to provide extra guidance so Mary could make good choices.

Personal contact was also very important; much more so than with many of the other students. Talking and visiting often became an educational tool.

Toward the end of the year, a final IEP meeting was held and Mary expressed her desire to be a full-time student at HTC. She enrolled for 16 Culinary Arts credits. She will have the added assistance of a tutor, and her instructors will once again work with a list of

erformance objectives. She has already had her first staffing and continues to communicate what she wants to do with her life.

One of the benefits of training and independence has been Mary's new found ability to advocate for herself. This needs to be further developed, but for now, she has a plan and knows the steps necessary to accomplish this plan. As the year progresses, she will be one step further toward that final educational transition — looking for and acquiring a job.

Her team of supporters — parents, teachers, special needs and counseling staff — are ready to help her toward her goals. But most of all, Mary is ready to participate in making her own life's choices.

This indeed has been the ultimate goal of the whole experience, assisting and encouraging Mary to exercise that important skill that all adults need — decisionmaking. It is this skill that will empower Mary to become an independent adult.

Reprinted from Transition Link, Vol. 2, No. 3, November, 1991.

#### Self

# Advocacy

# Resources

Become Your Own Expert! Self Advocacy Curriculum for Individuals with Learning Disabilities (1995)

Winnelle D. Carpenter. Edited by: Minnesota Education Services Copies from:

70 County Road B2 West

Little Canada, MN 55117(612) 483-4442

A curriculum for use in teaching self advocacy skills to secondary students with learning disabilities.

## Self Determination and Advocacy Skills (1994) A Curriculum Guide for the Development of

Debora Ahern-Preslieu, Lisa Glidden Written by:

A.J. Pappanikou Center

Copies from:

Middletown, CT 06457 62 Washington Street

(203) 344-7500

This curriculum contains 100 activities designed to enhance a self-awareness, and goal-setting skills. The curriculum was student's assertiveness skills, social/communication skills, designed for students with varying types and severity of disabilities.

Choices: A Consumer's View (1992) Choices: A Parent's View

Marge Goldberg; LeAnn Dahl Authors:

4826 Chicago Avenue South PACER Center

Copies from:

(612) 827-2966 Voice/TTY • (612) 827-3065 FAX Minneapolis, MN 55417

authors list some helpful hints for parents, teachers, and peers This article looks at the process of decision making. The who want to help young persons with disabilities make

# Disability Pride: The Interrelationship of Self Worth, Self Empowerment and Disability Culture (1993)

June Isaacson Kailes Written by:

**ILRU Program** Copies from:

2323 South Shepherd, Suite 1000 Houston, TX 77019

(715) 520-0232

thorough in assisting people with disabilities to become more persons with disabilities. The approach is very practical and and others in their efforts to promote self worth and pride in Disability Pride is a tool to assist independent living centers effective self advocates.

### Four Easy Pieces: A Trainers Guide for Teaching Self-Advocacy

Advocating Change Together, Inc. Copies from:

1821 University Avenue, Suite 363

St. Paul, MN 55104

(612) 641-0297

advisors to train other people to become self-advocates. The manual looks at the following topics: assertiveness, decision individuals to speak for themselves and serve as a guide for making, awareness of rights and responsibilities, and This trainers guide and video were designed to teach participation in the community.

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# IPACT: Feature Issue on Self Advocacy (1994)

Copies from: Publications Office

Institute on Community Integration University of Minnesota

50 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

Articles are written by self advocates who talk about barriers to self advocacy and ways to support their abilities to advocate for themselves. This article provides an inside look at this grass roots movement.

# IMPACT: Feature Issue on Self Determination (1993/94)

Copies from: Publications Office

Institute on Community Integration

University of Minnesota

150 Pillsbury Drive SE Minneapolis, MN 55455

(612) 624-4512

This issue of IMPACT was written to increase the reader's awareness about the need for a capacity for self determination by persons with developmental disabilities. Strategies for facilitating self determination are offered.

# In Their Own Words (1993)

Produced by: American Council on Education

Copies from: HEATH Resource Center One Dupont Circle

Washington DC 10036-1193

Washington DC 1003 (800) 544-3284 Five students with learning disabilities who have had successful transitions from high school to postsecondary settings share their experiences. A video and study guide are included. The study guide contains materials, resources, scenarios to discuss and other information which support the transition process and self advocacy.

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# Living Your Own Life: A Handbook for Teenagers by Young People and Adults with Chronic Illness or Disability (1993)

Prepared by: Nicole Roberts; Kris Schoeller, Ceci Shapland;

Marge Goldberg; Paula Goldberg

Copies from PACER Center 4826 Chicago Avenue South

Minneapolis, MN 55417 (612) 827-2966 Voice/TTY

(612) 827-3065 FAX

This book was written to provide useful information as youth move to adulthood. The book offers step-by-step suggestions on how to prepare for independent living. A list of agencies and organizations is included.

#### Movin' On

Copies From: Riley Child Development Center

708 Barnhill Drive

Indianapolis, IN 46202

(317) 274-8167 (317) 274-9760

Six individuals with disabilities discuss the challenges they overcame to be successful in their careers. The video highlights their educational and professional accomplishments.

# No More B.S.! A Realistic Survival Guide for Disability Rights Activists (1992)

Creek, CA 94596-2076.

Copies from: People First of Washington

P.O. Box 648 Clarkston, WA 99403

(509) 758-1123

Featured are more than 60 stories and photographs from self-advocates across the county. Other topics include: Staking Your Claim for Disability Rights, Talking Proud, Taking Power (Your Way!), Why Organize ?, Disability Rights and the News Media, Fighting Discrimination the ADA Way, Connecting with Your Brothers and Sisters, and Ways to Empower (and Support) Direct Service Providers.



The Global Teen Club International is an organization of ethnically diverse and socially aware teenagers. The club gives youth, ages 9-21 an opportunity to share their experiences and personal views. Global Teen Club International, 3120 Oak Road, Suite 309, Walnut

# Our Voices Count: Self Advocacy Now (1989)

The Self Advocacy Association of New York State, Inc. Copies from:

75 Morton Street

New York, NY 10014

(212) 627-2104

for people with developmental disabilities. Stories are told by This 25-minute video highlights the self-advocacy movement self advocates, family members, advisers and agency staff.

# Roots and Wings: A Manual about Self Advocacy (1986)

Susan Lehr and Steven J. Taylor Written by:

TAPP Project Copies from:

Federation for Children with Special Needs

95 Berkeley Street, Suite 104

Boston, MA 02116

(617) 482-2915

enable their children to act and speak up for themselves. The This manual is devoted at supporting a parent's efforts to advocates. There also are sections on how to start a selfadvocacy group and what schools can do to promote self manual presents the thoughts and stories of some self advocacy skills for students with disabilities.

## 1994-95 Directory for North America (1994) Self Advocacy Groups:

Mary F. Hayden and Dick Senese Edited by:

Institute on Community Integration Publications Office Copies from:

University of Minnesota

150 Pillsbury Drive SE

Minneapolis, MN 55455 (612) 624-4512 This publication lists the addresses and phone numbers of over 700 self advocacy groups and organizations in the U.S., Canada, and Mexico.

## Self Determination for Youth with Disabilities: A Family Education Curriculum (1994)

Brian Abery et al Edited by: Publications Office Copies from:

Institute on Community Integration

University of Minnesota 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

presented to teachers and community agencies, include futures transition aged son or daughter with disabilities. Topics to be A 15 module curriculum teaches families those skills needed planning, family meetings, values and goals, choice-making, for supporting the exercise of self-determination by their solving problems, resolving conflicts, connecting with communities and participating in the political systems.

# Taking Charge: Teenagers Talk About Life and Physical Disabilities (1992)

Woodbine House Copies from:

5625 Fishers Lane

Rockville, MD 20852 (800) 843-7323

and focuses on self identify, relationships with family, friends what is on their minds. The book is divided into three parts Teens with physical disabilities in grades 7 to 12 talk about and community, and future goals and how to achieve them.

## WE CAN DO IT! A Curriculum for Teaching Self Determination (1994)

Produced by: Wilderness Inquiry and the Institute on Community

Integration for the Minnesota Department of Education. Minnesota Education Services at Capitol View Center Copies from:

70 West Co. Rd. B2

Little Canada, MN 55117-1402

(612) 483-4442

skills in a safe context. The idea is to get the students to learn This curriculum contains lessons and examples to encourage and give students the chance to practice self determination how to identify, evaluate and make decisions.

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# e Can Speak for Ourselves: Self Advocacy by Mentally Handicapped People (1994)

Paul Williams and Bonnie Schoultz Authors:

Brookline Books P.O. Box 1047 Copies from:

Cambridge, MA 02238

(617) 868-0360

projects, lists teaching material and presents personal accounts This book offers practical advice and support for persons developmental disabilities. It details models of existing interested in developing self advocacy for people with of participants.

## Yes I Can Program (1994)

Institute on Community Integration Copies from:

University of Minnesota

Publications Office

109 Pattee Hall

150 Pillsbury Drive SE

Minneapolis, MN 55455 (612) 624-4512

Instructor and student manuals are sold separately and include students designed to establish peer support for students with and the ability to establish and maintain social connections. disabilities meet weekly to develop social skills, resources, A 20 lesson curriculum for junior and senior high school developmental disabilities. Students with and without masters for overheads and handouts.

# Community

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### By Lucinda Gabri

## A Circle of Friends

In the summer of 1993 we began a Circle of Friends for my son Christopher, with people he selected, for the purposes of helping him to realize some of the dreams he shared with us.

He began by telling us that he wants to work with children, and we strategized on how he could have an experience incorporated into his school program to enable that to happen.

The high school where Christopher attends has a day care center. The transition coordinator for the district arranged for Christopher to meet the coordinator of the day care. Within a week, Christopher was working in the day care program one period per week.

He loves the children clamoring for his attention. The day care coordinator also felt Christopher should have the opportunity to participate in the curriculum portion of the program which instructs students on proper care for children. He began taking this class, with modifications around the curriculum.

Recreation is also a vital piece to sound transition planning. At our local YMCA, Christopher is learning about fitness and exercise, making friends, and being supported by the coach, just as any other member who attends.

What we want is for Christopher to be fully prepared for his future through collaboration and support in a variety of different ways. Every member of his circle has made a commitment to Christopher to ensure his successful transition into adult life. Christopher is becoming a self advocate and has taken a leadership role in the planning and coordination of his own activities.

## Positive Student Profile

Preparing a Positive Student Profile of your son or daughter is a way of taking an active role in the transition planning process. Parents have valuable information to share about the gifts, talents and strengths of their child, yet others may not be aware of these strengths. The Positive Student Profile is one possible vehicle for the family's input. Transition from school to adult life is the most critical time for individualized planning. Each student has unique hopes and dreams and the supports necessary to realize these dreams are just as unique.

Some of Christopher's transition opportunities include the following:

- Volunteers at the local "Y" day care center
- Participates in the Employment Orientation Class
- Develops photographs
- Enters data into the computer
- Uses computer engraver

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### Statewide Parent Advocacy Network (SPAN)

516 North Ave. East, Suite 2 Westfield, NJ 07909-1446 (908) 654-7726

(Voice & TDD)

Collates materials

- Bikes into the community with his neighbor to learn bike safety & how to access his barber, his favorite video store, yogurt shop and the local pizza parlor
- Works out at the YMCA, with the help of natural supports and calls for a ride home when done
- Has a 'Circle of Friends' to support his current and future wishes and goals.

Some of Christopher's individual school transition opportunities for the 1994-1995 school year will include:

- Christopher will be included at Union Township High School and will attend the resource center for math & reading. He is also looking forward to taking 'shop' classes, a conversational Spanish class and participating in home economic classes.
- Christopher will participate in the classroom curriculum, with modification to enhance his abilities to work with children.
- Christopher will participate in the regular physical education program.
- Christopher will be involved in the Shop Rite Supermarket program.
- Christopher will have as his additional work experience some office duties and he will continue to volunteer in the 'Y' daycare center.

Christopher will have a circle of peer supports built around him to initially guide him through the school building and help him locate his classes. In addition the peer supports will provide a natural support network, helping him develop friendships among other students, providing support in the classroom, helping him to expand and enhance his opportunities for participation in extracurricular activities.

It is our hope that by utilizing a Circle of Friends and the Positive Student Profile, Christopher will be able to realize his dreams. We all wish Christopher a successful journey.

Lucinda Gabri is a parent trainer who works with families in transition planning for their sons and daughters with disabilities. Lucinda works at SPAN, the federally funded Parent Training and Information Center serving the state of New Jersey.

# Community Living Guide for Families and Advocates Who Want to Develop Community Living Opportunities (1994)

Community

Resources

Roz Slovic Written by:

K. Brigid Flannery

Deborah Olson

Specialized Training Program Copies from:

1235 University of Oregon

This guide was designed to assist families and others plan and implement community living opportunities. Key questions posed by families are included in the text which may be considered when developing living opportunities. Eugene, OR 97403-1235 503) 346-2467

# Community Living Program: Eugene School District 4J (1995)

Roz Slovic Written by:

Cory Stout

K. Brigid Flannery

Specialized Training Program Copies from:

1235 University of Oregon Eugene, OR 97403-1235

(503) 346-2467

Oregon. Information about locating and securing housing and describes the first apartment living program for students in This guide focuses on teaching specific skills. The book supports is included in the Community Living Guide.

Community Connections: A Resource Guide for all people who support the full inclusion of individuals with disabilities (1993)

Ernest L. Pancsofar, Ph.D. Authors:

Communitas, Inc. Copies from:

Manchester, CT 06045 (203) 645-6976 P.O. Box 374

This guide was developed to assist staff or a support person to neighbors and co-workers. The manual suggests various effectively connect persons with disabilities with their

activities that will provide a good foundation for full inclusion.

# Community Integration Abstracts

Julie Searl. Written by:

Center on Human Policy Copies from:

200 Huntington Hall Syracuse University

Syracuse, NY 13244-2340

covered include abuse, criminal justice, inclusion in education, integration for people with developmental disabilities. Topics This compilation of journal articles is relevant to community employment, family support, and supported living.

(315) 443-3851

Creating Individual Supports for People with Developmental Disabilities: A Mandate for Change at Many Levels (1994)

Edited by: Valerie J. Bradley, John W. Ashbaugh, and Bruce C. Blaney

Copies from: Paul H. Brookes Publishing Company

P0 Box 10624

Baltimore, MD 21285-0624 (800) 638-3775

This text explores funding, quality assurance, program design and personal futures planning as they relate to supports for persons with developmental disabilities. This book attempts to look at the major steps that must be taken if the present systems are to change and bring about true inclusion of persons with developmental disabilities in their communities.

# Crossing the River: Creating a Conceptual Revolution in Community and Disability (1992)

Written by: David B. Schwartz

Copies from: Brookline Books PO Box 1046 Cambridge, MA 02238

(617) 868-0360

This text presents a concept that seeks to engage people with disabilities more with personal relationships so that they are more connected with their communities. The book offers a framework by which persons with disabilities can become more a part of their communities and more in the flow of community life.

# Friendships and Community Connections between People with and without Developmental Disabilities (1993)

Copies from: Paul H. Brookes PO Box 10624

Angela Amado

Written by:

PO Box 10624 Baltimore, MD 21285

(800) 638-3775

This text looks at the benefits of friendships between persons with disabilities and other community members. The book highlights ways to use natural connections for building friendships and relationships.

Independent Living and Community Life: Building Coalitions Among Elders, People with Disabilities, and Our Allies (1992)

Written by: Julie Ann Racino, Judith E. Heumann

Copies from: Center on Human Policy
Syracuse University
200 Huntington Hall, Second Floor

Syracuse, NY 13244-2340 (315) 443-3851

This reprint of an article originally published in Generations XVI (I), 43-47, describes common issues faced by people with disabilities and elders. The article stresses those common experiences that can lead to practical strategies, changes and direct those steps needed to maintain the rights for all people to live and participate in community life.

# Interdependence: The Route to Community (1991)

Written by: AI Condeluci

Copies from: PMD Publishing Group, Inc. 6959 University Boulevard

P.O. Box 4116

Winter Park, FL 32793

Interdependence looks at the present goals of human services and offers an alternative method or approach to connect people with their communities. The article explains and offers thoughts and approaches to the problems of disenfranchisement and reconnection for persons with disabilities.

Steven J. Taylor, Robert Bogdan, Julie Ann Racino. Editors:

Paul H. Brookes Publishing Co., Inc. P.O. Box 10624 Copies from:

Baltimore, MD 21285-0624

1-800-638-3775

supports for adults with disabilities and the community's role in offering practical advice and strategies address the following themes: families and their children, housing, homes, and This book explores and describes innovative community integration endeavors around the country. Case studies integration.

## Experiences of Kansans with Disabilities (1994) Living in Kansas ...

Kathleen M. Olson Edited by: Kathleen M. Olson Copies from:

Kansas University Affiliated Program

2601 Gabriel, Box 738 Parsons, KS 67357

(316) 421-6550

enabling people with disabilities to meet their needs and wants support — such as roommates, neighbors, service dogs — are Living in Kansas presents the life experiences of persons with in their communities. A matrix is included which identifies the strategies, settings, supports and benefits highlighted by mild to severe developmental disabilities. The experiences communication devices and innovative ways of providing show that emerging technologies such as computers,

each story.

## Forging a New Civil Rights Movement (1994) No Pity: People with Disabilities

Joseph P. Shapiro Copies from: Authors:

Random House Order Department Westminister, MD 21117 400 Hahn Road

(410) 848-1900

have made them a hidden, misunderstood minority. Written by This is a story of people working for the last 30 years to dispel Shapiro tells many personal stories he uncovered as a reporter, including his own story of helping a friend gain freedom from the myths and stereotypes about people with disabilities that the disability rights movement from its inception at Berkeley brings to life the issues, politics and people that have shaped Joe Shapiro, a U.S. News & World Report editor, this book in the 1960s through the enactment of the Americans with Disabilities Act to the issues facing people in the future. a Minnesota mental institute.

# **Building Inclusive Recreation Programs Together (1991)** Powerful Partnerships: Parents and Professionals

programs, resource materials,

and research addressing

alcohol and substance abuse

and disability. The center was created to help raise public awareness about the

need for alcohol and other

persons with disabilities.

drug abuse services for

sources of information about

center provides up to date

20036, (202) 628-8080. The

Suite 300, Washington, DC Located at 1019 L St. NW,

> Stuart J. Schleien, John E. Rynders, Linda A. Heyne, and Carla E.S. Tabourne. Written by:

University of Minnesota Copies from:

Therapeutic Recreation Leadership Training Project

10 Cooke Hall

1900 University Avenue SE Minneapolis, MN 55455

through inclusive recreation, and profiles of programs that use strategies for enhancing family and community development nclusive approaches for children and youth with disabilities. Powerful Partnerships contains the perspectives of various authors on inclusive recreation. The authors stress various



#### Prevention and Disability Resource Center on Substance Abuse

# Rehabilitation into Independent Living (1989)

Edited by: Gini Laurie, Joan L. Headley, William Michael Mudronic

Copies from: Gazette International Networking Institute

4502 Maryland Avenue St. Louis, MO 63108 A collection of life experiences, written by persons with disabilities. Their experiences serve as a guideline for professionals and others who wish to learn how rehabilitation evolves into independent living. They talk about support systems, education, employment, transportation, equipment, travel, hobbies, recreation, and their participation in vocational rehabilitation and other agencies.

# Supporting People with Severe Reputations

in the Community (1992)

Authors: Michael Smull; Susan Burke Harrison

Copies from: The National Association of State Mental Retardation

Program Directors, Inc.

113 Oronoco Street

Alexandria, VA 22314

(703) 683-4202 • (703) 684-1395 FAX

This book provides the tools needed to develop community expertise to support people who pose the most serious placement challenges. This is a guidebook that will provide agency/program administrators with practical strategies for dealing with tough-to-serve clients. Areas addressed include how to: collaborate with community services and the individual who needs help, recruit, develop services and supports, and resist the abuse most commonly found in community supports.

# Housing Options



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### Family Home to a S. mosuas miscons Course from

Home of His Own

### By His Father

nome after we are gone. In our first attempt to meet these years in a nursing home. We searched for a new home for several operations on his hip; subsequently he spent three Our son Jim lived in our St. Paul, Minnesota, home for twenty-five years. As we grew older and Jim became an adult, it became apparent that we should seek a stable Existing group homes had waiting lists that stretched out He lived there for four years. During the fourth year, he residence he could call home and that would remain his goals, Jim moved into a small community group home. experienced severe injuries that forced him to undergo Jim during his stay in the nursing home but the search was made difficult because the state of Minnesota had declared a moratorium on building new group homes. to years. In reality it was because there were no other options, that we began working closely with advocacy organizations and our local government to find a path enabling Jim to live in a home of his own.

Each step of the process was filled with uncertainties. The process was not only new to us, but, also, to support services, household expenses, and real estate almost everyone else. Funding had to be found for

their home if, in fact, Jim was the landlord. Related issues roommates and about their opportunities for control over looked at over fifty properties before finding Jim's new reached a decision. Finally, with county approvals, we costs. There were complex questions about possible hat were new to us put us on hold until the county

tion with us as a family - we were an integral part of Jim's holds for an agency when you expect assistance in making At this point, we naively thought our problems were its staff was incompetent and, with the county's approval, the delicate relationship and demanding expectations one severed relations with this agency. Looking back, we see became apparent that the organization that provided staff which they made the decisions and didn't share informalife and support team. We felt that they considered their quality of life. In time, we concluded that the agency or behind us. Our first disillusionment appeared when it or the home viewed it as just another group home in staff's stability more important than Jim's welfare or a house a home.

tion experienced substantial growth, it resulted in layers of information with us as a family and members of the team. residing in the home. More than three years have passed and we are very grateful each day for the association that the current provider of staff. This time we chose a much The second organization we selected improved the starting with the second provider, we changed to a third, Things went well for a year. However, as this organizasupervisory administration. Along with this we felt that smaller organization. Right from the start, they showed competence and real understanding of the young people the understanding of Jim's needs as well as those of the understanding suffered greatly. And so two years after "home" were so filtered that support, care, and mutual care and support given and was more open to sharing we've established and fostered with this organization.



University of Minnesota, 109 Publications Office, Institute A Guidebook on Consumer Developmental Disabilities, To obtain copies, contact the Drive SE, Minneapolis, MN Minnesota and the Research Community Living, @1995. on Community Integration, a joint publication of ARC Pattee Hall, 150 Pilsbury Residential Services and Controlled Housing for 55455, (612) 624-4512, and Training Center on available in alternative formats upon request. Minnesotans with

by building a walking platform, a trampoline routine, arm ions with peers in the community, working, and going to ies with his family; he visits at our house every weekend he circus, musicals, and dances. Above all, he has close grow socially and achieve his full potential as a commuhuman working relationships among all members of the nitiative has created activities of interest and "therapy" pulleys, even a floor-crawling exercise. There are close eam, including his doctors, staff at Jim's home, staff at care of his neighbors, family, and provider agency with worker, and his family. Jim has grown through interacjust as we feel welcome to visit him at his house. The dedicated staff, give us reason to believe that Jim will with the beauty of flowers, trees, and bushes. Staff the developmental activity center, the county social nity member in the years to come.

Jim has learned to relax and enjoy a sense of joy and

serenity in his own home. He needs and enjoys his space

living-room window. The roomy backyard offers peace

and has it now. The lawn gives him a view from the

For family members who wish to sustain an active commitment and contribution to the lives of their adult children after they leave home, helping them secure homes of their own not only permits but *demands* it. The energy and dedication this requires shouldn't be underestimated, but neither should the rewards.

Permission was granted to reprint from A Guidebook on Consumer Controlled Housing for Minnesotans with Developmental Disabilities, a joint publication of ARC Minnesota and The Research and Training Center on Residential Services and Community Living, Institute on Community Integration (UAP).

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# Resources

## Annotated Bibliography on Aging, Disabilities, Advocacy and Environmental Design (1993)

Kathleen Bishop Edited by: Center on Human Policy Copies from:

Syracuse University 200 Huntington Hall

Syracuse, NY 13244-2340

(315) 443-3851

has been organized into sections on age-related change, aging publications related to aging and disability. The bibliography The annotated bibliography contains books, articles and and self advocacy, environmental design and aging, and further resources.

# to Locate and Develop Housing Opportunities (1994) Applying Concepts of Person Centered Planning

K. Brigid Flannery, Roz Slovic and Debra McLean Editors:

Oregon Transition Systems Change Project Oregon Department of Education Copies from:

Public Services Building

255 Capitol Street NE

Salem, OR 97310-0203

(508) 378-3598

This article demonstrates the steps used from person-centered implementing phase. Suggested forms and questions can be options. This article does not take a person through the planning to assist a person to develop and plan housing used as guidelines or examples.

# Down Stairs That Are Never Your Own: Supporting People with Developmental Disabilities in their Own Homes (1991)

John O'Brien Written by: Center on Human Policy Copies from:

Syracuse University 200 Huntington Hall Syracuse, NY 13244-2340 (315) 443-3851 In this paper, the author discusses the historical and present dimensions of "home" and "house" for people with

developmental disabilities.

# From a Community Residence to a Home of Their Own

(1991)

Pam Walker Written by: Center on Human Policy Copies from:

200 Huntington Hall Syracuse University

Syracuse, NY 13244

(315) 443-3851

successful process leading to home ownership for two women This article discusses the key factors that contributed to the with disabilities. The emphasis also is on creating those supports that allow the two women to live in their home.

## Housing, Support and Community: Choices and Strategies for Adults with Disabilities, 2 (1993)

Julie Ann Racino; Pamela Walker; Susan O'Connor; Steven J. Taylor Edited by:

Paul H. Brookes Publishing Company, Inc. P.O. Box 10624 Copies from:

Baltimore, MD 21285-0624 (800) 638-3775 This book looks at effective personal assistance and effective housing strategies so that persons with disabilities will have accounts and experiences for developing effective personal decent supportive housing alternatives. People give their assistance.

Severe Disabilities: A Collection of Resource Materials New Directions in Housing for People with

(1990)

Susan O'Connor and Julie Ann Racino Written by:

Center on Human Policy Copies from:

Syracuse University

200 Huntington Hall

Syracuse, NY 13244-2340

(315) 443-3851

all people and to increase the development and use of integrated main area covered is how to make housing more accessible to home ownership by people with disabilities and parents. The This informational package examines resources to promote housing options.

Who Want to Develop Supported Living Opportunities Supported Living Guide for Families and Advocates

(1993)

Roz Slovic Author: Specialized Training Program Copies from:

1235 University of Oregon

Eugene, OR 97403-1235

(503) 346-2467

daughters. The guide recognizes the uniqueness of each family for housing opportunities in their communities for their sons or situation and provides answers to key questions that need to be This guide is to be used by families and advocates as they look considered if one wants to be successful in developing housing opportunities.

# Organizations

# Association on Higher Education and Disability (AHEAD)

Contact:

P.O. Box 21192

Columbus, OH 43221

(614) 488-4972

Resources for AHEAD include an annual national conference, newsletters, a list if curricula, books and training materials, AHEAD is committed to promoting full participation of individuals with disabilities in postsecondary education. and a quarterly journal.

# Beach Center on Families and Disability

Life Span Institute Contact:

University of Kansas 3111 Haworth Hall

Lawrence, KS 66045

(913) 864-7600

disabilities. The Center works to guide public policy through Research at the center focuses on families of persons with research findings and its dissemination.

# **Benefits Resource Network**

Lisa Maddux Contact:

Box Cormier

Kennedy Krieger Institute 2911 Biddle Street

Baltimore, MD 21213

(800) 677-9675 or (410) 550-9700

training and technical assistance service which advises people The Benefits Resource Network is a specialized information, with disabilities and/or their families on Social Security benefits and Social Security Work Incentives.

# **Equal Employment Opportunity Commission**

Equal Employment Opportunity Commission Contact:

1801 L Street, N.W.

Nashington, DC 20507

(800) 669-4000 • (202) 663-4900 (Voice)

(800) 800-3302 (TTY)

Public Access Section Civil Rights Division

U.S. Department of Justice

P.O. Box 66738

Washington, DC 20035-6738

(800) 514-0301 (Voice) (800) 514-0383 (TTY)

compliance with ADA Title I employment regulations. These agencies provide technical assistance related to

### **Business Technical Assistance Center Great Lakes Disability and**

Technical Assistance Center 1640 W. Roosevelt Rd. Contact:

Chicago, 1L 60608

(800) 949-4232

The Great Lakes Disability and Business Technical Assistance assistance with the Americans with Disabilities Act (ADA). Center is authorized to provide information, materials, and technical assistance to individuals and agencies seeking

## **HEATH Resource Center**

**HEATH Resource Center** Contact:

One Dupont Circle, Suite 800

Washington DC 20036-1193

(800) 544-3284 (202) 939-9320

develop their fullest potential through postsecondary education education for individuals with disabilities. The Center gathers HEATH serves as the national clearinghouse on postsecondary and disseminates information to help people with disabilities disabilities, their families, advisors, advocates, and school and training. Inquiries are welcome from students with professionals.

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# Sb Accommodation Network

Contact: JAIN

West Virginia University P.O. Box 6080

Morgantown, WV 26506-6080

800) 526-7234 (Voice/TTY) Accommodation information 800) 232-9675 (Voice/TTY) ADA Information

(800) 232-9675 (Yorce/LLY) ADA Information

The Job Accommodation Network provides assistance in developing job accommodations related to employees with specific disabilities.

# National Center for Youth with Disability (NCYD)

Contact: National Center for Youth with Disabilities

Box 721-UMHC

420 Delaware Street SE

Minneapolis, MN 55455

(612) 626-2825 (612) 624-3939 (TDD) The National Center for Youth with Disability is an information and resource center focusing on adolescents with chronic illness or disabilities and the issues that surround their transition to adult life. NCYD's mission is to raise awareness of the needs of youth with disabilities; foster coordination and collaboration among many agencies, professionals, parents, and youth in the planning and provision of services; and promote awareness of and responsiveness to health and social needs of youth with disabilities. This is a collaborative project of the Society of adolescent Medicine and the University of Minnesota's Health Program.

# National Transition Network

Contact: National Transition Network

University of Minnesota

Institute on Community Integration 6 Pattee Hall, 150 Pillsbury Drive, SE

Minneapolis, MN 55455 (612) 626-8200 The activities of the National Transition Network (NTN) supports and assists individual states implementing cooperative projects to improve transition services, policies and practices. NTN provides state level technical assistance and consultation, evaluation services, information dissemination and related support activities.

### Project ACTION

Contact: Project ACTION

1350 New York Ave. NW, Suite 613

Washington, DC 20005 (202) 347-7385

Project ACTION is a national research and demonstration program to promote access to transportation for persons with disabilities. Project ACTION funds local demonstration projects that facilitate cooperation between disability organizations and transit organizations.

# Regional Disability and Business Technical Assistance Centers

Contact: 1-800-949-4232 (Voice/TDD)

Ten regional centers have been funded to provide employers with technical assistance, information, and training regarding the implementation of ADA. Call the 800 number to reach the region in your area.

# School to Work Opportunities Information Center

U.S. Department of Education Contact:

Washington, DC 20202 330 C Street SW

(202) 260-7278

The National Organization for School to Work provides information on the School to Work Opportunities Act.

# Spinal Cord Injury Video Access

Spinal Cord Injury Network International Authors:

3911 Princeton Drive Video Access, SCINI Copies from:

Santa Rosa, CA 94505

(800) 548-CORD • (707) 577-8796

(707) 577-0605 FAX

recreation, travel sports and transportation. While the focus of created a program which allows individuals and their families the videos is spinal cord injury, the information is relevant for to borrow videos, at no charge, on various aspects of spinal The Spinal Cord Injury Network International (SCINI) has education/training, daily living, employment, equipment, cord injury and disability. Topics include: accessibility, many individuals with disabilities and their families.

# Supported Employment, Parents, Transition and Technical Assistance (SEPT/TA) Project

SEPT/TA Contact:

PACER Center, Inc.

4826 Chicago Ave. S.

(612) 827-2966 Voice/TTY Minneapolis, MN 55417

(612) 827-3065 FAX

assistance program at PACER Center and is funded by the U.S. supported employment and the transition from school to work Rehabilitation Services (OSERS) through a subcontract of the and life in the community. The project is a national technical Department of Education's Office of Special Education and The SEPT/TA Project seeks to support and foster continued successful outcomes for youth with disabilities involved in Technical Assistance to Parent Programs (TAPP).

# Fechnical Assistance about Training on the Rehabilitation Act (TATRA) Project

Contact:

4826 Chicago Ave. S. PACER Center, Inc.

Minneapolis, MN 55417

(612) 827-2966 Voice/TTY (612) 827-3065 FAX The TATRA Project was funded by the Rehabilitation Services rehabilitation and independent living services, enabling them to Administration (RSA) in October of 1994 to provide technical assistance to six Rehabilitation Act Parent Training Projects funded the previous year. These projects are part of an RSA initiative to inform individuals with disabilities and their improve and expand employment goals and outcomes. families about the Rehabilitation Act and vocational

# Technical Assistance for Special Populations

TASPP, University of Illinois Contact:

Room 345 Education Building

Champaign, IL 61820 1310 S. Sixth Street

(217) 333-0807

extensive database of topics related to vocational special needs program accessibility, quality and availability for youth and California, Berkeley. TASPP works to increase vocational IASPP is a service program of the National Center for Research in Vocational Education at the University of adults from special populations. TASPP maintains an education.

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# irginia Commonwealth University, Rehabilitation Research and Training Center

Rehabilitation Research and Training Center Virginia Commonwealth University

P.O. Box 842011 Richmond, VA 23284-2011 (804) 828-1851 Voice • (804) 828-2494 TTY (804) 828-2193 FAX

Research is focused in the area of supported employment and training, and leadership related to the supported employment of citizens with developmental and other severe disabilities. the training is focused toward professionals implementing The mission of the VCU-RRTC is to provide research, supported employment.

### Newsletters Journals /

# ADAlliances to Educate and Employ People with Disabilities

Center on Education and Work Copies from:

University of Wisconsin

964 Educational Sciences Building

1025 West Johnson St.

Madison, WI 53706-1796

ADAlliances to Educate and Employ People with Disabilities discusses various topics regarding the employment of people with disabilities.

#### The Advance

The Association of Persons in Supported Employment Copies from:

1627 Monument Ave.

Richmond, VA 23220

(804) 278-9187

The Advance provides educational support and information to employment for persons with severe disabilities. A range of persons involved in or supportive of integrated paid areas is covered by the newsletter.

## American Rehabilitation

Copies from:

Washington, DC 20202 330 C Street SW

(202) 205-8296

Services Administration. The magazine is published quarterly. American Rehabilitation is the publication of Rehabilitation

# Communitas Communicator

Catherine D. Ludlum and Ernie Panesofar Edited by:

Communitas Inc. Box 374 Copies from:

Manchester, CT 06045 (203) 645-6976

year. The newsletter supports and facilitates the inclusion of The Communitas Communicator is published four times a all people into community life.

#### Connections

National Center for Youth with Disabilities Copies from:

University of Minnesota

420 Delaware Street SE, Box 721

Minneapolis, MN 55455 (800) 333-6293

information on the health and social functioning of youth with Connections is published three times a year by the National Center for Youth with Disabilities. The newsletter covers disabilities.

#### Counterpoint

National Association of State Directors of Special Education 1800 Diagonal Road, Suite 380 Copies from:

Alexandria, VA 22314

(703) 519-3800

LRP Publications

Counterpoint Publications

Dept 430., 747 Dreshot Rd. Suite 500, PO Box 980

Horshan, PA 19044-0980

This newsletter presents comprehensive news related to the education of students with disabilities.

# uisability Benefits in Brief

Disability Benefits Association 495 E. Ellefson Street Copies from:

lola, WI 54945

(715) 445-4755

Security Disability Income (SSDI), Plan for Achieving Self-A new bi-monthly newsletter presenting easy-to-understand information on Supplemental Security Income (SSI), Social Support (PASS), and other programs of the Social Security Administration.

# Disability Resources Monthly

Disability Resources Inc. Copies from:

Four Glatter Lane

Centerreach, NY 11720 - 1032

(516) 585-0290

Disability Resource Monthly, a monthly publication that looks readers with books, videotapes, computer based resources, and with disabilities live independently. The publication provides at practical, affordable and reliable resources to help people organizations that can help people with disabilities.

## **Employment Express**

Spyre Publications P.O. Box 3906 Copies from:

Lawrence, KS 66046-0906

(913) 842-0006

about supported employment, and persons with disabilities, as addresses a variety of employer and employee concerns as Employment Express is a nationally circulated newsletter seen through the eyes of the employer. This newsletter well as current trends in supported employment.

#### IMPACT

Institute on Community Integration University of Minnesota Copies from:

109 Pattee Hall, 150 Pillsbury Drive SE

Minneapolis, MN 55455

(612) 624-4512

IMPACT is published quarterly. The focus of the newsletter is to demonstrate the quality and community orientation of professional services and social supports available to individuals with disabilities and their families.

#### Infolines

Training Resource Network (TRN) Copies from:

P.O. Box 439

St. Augustine, FL 32085-0439 (904) 823-9800

edge news, forms and fact sheets and research reviews. Clear, marketing and job development ideas, tips and trends, cutting A newsletter with hands-on practical information about supported employment. Included are: feature stories, concise and easy to read format.

## Information from HEATH

1339 Lamar Square Drive B

Austin, TX 74607

ADAPT/Incitement

Louisville, KY 40201

The Brain Has A Mouth

Rochester, NY 14607

61 Brighton St.

**HEATH Resource Center** Copies from:

Washington, DC 20036-1193 One Dupont Circle, Suite 800

(800) 544-3284 • (202) 939-9320

publications, highlights campus programs, legislation and Information from HEATH is published three times a year. current topics of concern on postsecondary education for This newsletter provides timely information on new persons with disabilities.



Worth reading

Disability Rag

Box 135

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# Job Training and Placement Report

Copies from: Job Training and Placement Report

P.O. Box 5000 lola, WI 54945

(715) 445-5000

Job Training and Placement Report is published monthly. This newsletter is for professionals who train and place people with disabilities. A wide range of topics are covered from successful training projects to the latest techniques.

# Journal of Special Education Technology

Copies from: Peabody College of Vanderbilt University

(615) 322-8150

This quarterly journal contains information, research, and reports on some innovative practices toward the application of educational technology for the education of children with disabilities.

# Journal of Vocational Rehabilitation

Copies from: Butterworth/Heinemann

80 Montvale Ave. Stoneham, MA 02180-3605

(617) 438-8464

The Journal of Vocational Rehabilitation is published quarterly. The journal gives comprehensive exposure to current concepts, innovations, and research in rehabilitation. Topics include: career development, parent and family involvement, supported employment, and transition from school to work.

#### **NCD Bulletin**

Copies from: National Council on Disability

1331 F Street NW - Suite 1050 Washington DC 20004-1107

202 - 272- 2004

The NCD Bulletin is a monthly publication of the National Council on Disability. The newsletter brings the reader the latest issues and news affecting people with disabilities. The bulletin is free of charge.

### NARIC Quarterly

Copies from: NARIC Quarterly

8455 Colesville Road, Suite 935 Silver Spring, MD 20910-3319

800 346-2742

NARIC Quarterly is published four times a year by the National Rehabilitation Information Center. The newsletter is devoted to issues in rehabilitation and disability.

#### The Networker

Copies from: UCPA Program Services Department

1522 K Street NW, Suite 1112 Washington, DC 20005

1-800-USA-5UCPC

The Networker is the quarterly publication of the UCPA Program Service Department. The newsletter is designed to provide information on best practices and program resources for persons with cerebral palsy. In addition, this newsletter focuses on issues which can affect all persons with a disability.

## **OSERS News in Print**

Copies from: Special Education and Rehabilitation Services U.S. Department of Education

Room #3129

Switzer Building

330 C Street SW

Washington, DC 20202 (202) 205-8241

OSERS provides information, research and resources in the area of special learning needs. OSERS News in Print is published quarterly.

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### . Jint of Departure

c/o PACER Center TATRA Project Copies from:

Minneapolis, MN 55417 4826 Chicago Ave. S.

(612) 827-2966 Voice/TTY

(612) 827-3065 FAX

Fechnical Assistance About Training on the Rehabilitation Act (TATRA) Project, a national technical assistance project Point of Departure is published twice annually by the located at PACER Center.

#### Worklife

President's Committee on Employment of People with Copies from:

1331 F Street NW Disabilities

Washington, DC 20004 (202) 376-6200

Stories feature employees that have been successful on the job. The magazine also addresses trends and current issues in the Worklife is published quarterly and provides information to people with disabilities seeking work and to employers. employment of persons with disabilities.

## **Tech Prep Advocate**

Center on Education and Work Copies from:

School of Education

University of Wisconsin

964 Educational Sciences Bldg.

1025 West Johnson Street Madison, WI 53706-1796

newsletter offers information on how to prepare students with disabilities for the workplace. Emphasis is place on the Tech Prep Advocate is published 4 times per year. This various tech prep programs offered across the country.

# Work & Diversity Newsletter

Roth, David Author:

The Employment Support Institute of Virginia Copies from:

Commonwealth University School of Business 1015 Floyd Avenue, Box 4000

Richmond, VA 23284-4000

(804) 367-8884 FAX

This newsletter focuses on employment supports for a diverse work together to increase both productivity and quality of management methods that help employers and employees workforce. It discusses resources, technologies, and worklife. Six issues per year.



#### U.S. DEPARTMENT OF EDUCATION

Office of Educational Research and Improvement (OERI) Educational Resources Information Center (ERIC)



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